It's just like the STASI treated Dissidents in Former East Germany, except this Human Rights Abuse is happening here today

This paper is a blueprint on the use of the Zersetzen “no touch” Torture Technique to break individuals and destroy families. Zersetzen is a process of character assassination and threats – its purpose is to poison every aspect of a person’s life.

Originally developed by the STASI to persecute dissidents, Zersetzen is being used today - by the MI5/MI6 Intelligence Agencies in the UK and CSIS in Canada - to persecute a decent family for people in the high establishment. Human Rights Organizations & Politicians are scared to help.

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Former UK Police Chief – “[MI5] Infiltrate organizations, people’s jobs and lives. They operate almost like a cancer. At the moment the acorn of a STASI has been planted”
# THE ZERSETZEN PAPER

(Revised 2013)

## Table of Contents

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Page #</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. <strong>Zersetzen Torture - Used by MI5 / MI6 in UK and CSIS in Canada</strong></td>
<td>4</td>
</tr>
<tr>
<td>Zersetzen in Summary</td>
<td>4</td>
</tr>
<tr>
<td>This Paper - A Blueprint on Zersetzen</td>
<td>5</td>
</tr>
<tr>
<td>What is it like to be a victim of Zersetzen</td>
<td>5</td>
</tr>
<tr>
<td>2. <strong>The Precedents - Other recent cases of Zersetzen</strong></td>
<td>7</td>
</tr>
<tr>
<td>12 other cases of Zersetzen summarized</td>
<td>7</td>
</tr>
<tr>
<td>3. <strong>Power Elites - Two G8 Governments &amp; The Myth of Plausible Deniability.</strong></td>
<td>9</td>
</tr>
<tr>
<td>Government should be Protecting - not Persecuting</td>
<td>9</td>
</tr>
<tr>
<td>Reservatio Mentalis</td>
<td>10</td>
</tr>
<tr>
<td>The Myth of Plausible Deniability</td>
<td>11</td>
</tr>
<tr>
<td>Zersetzen - Hidden in Plain Sight</td>
<td>12</td>
</tr>
<tr>
<td>4. <strong>Death Threats / No-Touch Torture. A list of Zersetzen Threats</strong></td>
<td>14</td>
</tr>
<tr>
<td>1: Direct Zersetzen Threats</td>
<td>14</td>
</tr>
<tr>
<td>2: Indirect Zersetzen Threats - (a) Death of a Thousand Cuts</td>
<td>17</td>
</tr>
<tr>
<td>(b) Controlling Communications: Email, Mail, Telephone</td>
<td>20</td>
</tr>
<tr>
<td>3: Bureaucratic Harassment &amp; Selection Criteria</td>
<td>23</td>
</tr>
<tr>
<td>5. <strong>Character Assassination &amp; Slander -- The 1st Zersetzen</strong></td>
<td>25</td>
</tr>
<tr>
<td>The Blacklisting</td>
<td>25</td>
</tr>
<tr>
<td>The Power of the Big Lie Strategy</td>
<td>26</td>
</tr>
<tr>
<td>Kompromat - What other Lies are being Spread?</td>
<td>27</td>
</tr>
<tr>
<td>The Litmus Test</td>
<td>28</td>
</tr>
<tr>
<td>Smears Coming from All Angles</td>
<td>29</td>
</tr>
<tr>
<td>6.</td>
<td>Cover-up Conspiracy - to Pervert the Course of Justice</td>
</tr>
<tr>
<td>----</td>
<td>------------------------------------------------------</td>
</tr>
<tr>
<td></td>
<td>Ostrich Syndrome &amp; Willful Blindness</td>
</tr>
<tr>
<td></td>
<td>Canada’s Spy Watchdog (SIRC) Covers-it-up</td>
</tr>
<tr>
<td></td>
<td>UK Cover-up - Cabinet Minister Hazel Blears</td>
</tr>
<tr>
<td></td>
<td>UK Police Report</td>
</tr>
<tr>
<td></td>
<td>The Crooked English Judge - An MI5 Smear Campaign</td>
</tr>
<tr>
<td></td>
<td>Canadian Cover-up - Prime Minister Harper</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>7.</th>
<th>Zersetzen - a Defined Human Rights Abuse</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Definitions of Torture</td>
</tr>
<tr>
<td></td>
<td>What MI5/6 &amp; CSIS Intend Zersetzen to Achieve</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>8.</th>
<th>Neutering our Human Rights Industry</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>The Guardian</td>
</tr>
<tr>
<td></td>
<td>Is our Media censored by Elites?</td>
</tr>
<tr>
<td></td>
<td>Amnesty International</td>
</tr>
<tr>
<td></td>
<td>Canadian Human Rights Commission &amp; CSIS</td>
</tr>
<tr>
<td></td>
<td>The Human Rights Industry</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>9.</th>
<th>Proof of Involvement of MI5/MI6 and CSIS in Zersetzen</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>12 Sources of Evidence that prove MI5/6 &amp; CSIS use Zersetzen Torture</td>
</tr>
<tr>
<td></td>
<td>Others have said it - CSIS &amp; MI5/6 are out-of-control</td>
</tr>
<tr>
<td></td>
<td>Differing Objectives &amp; Lord Denning</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>10.</th>
<th>Conclusion</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>A Failure in Political Oversight of the Security / Intelligence Agencies</td>
</tr>
<tr>
<td></td>
<td>What does this say about our Democracy?</td>
</tr>
</tbody>
</table>

**Appendix:**

For additional information, open the “Aid Memoir” document on this URL:

Chapter 1: Zersetzen Torture – Used by MI5 / MI6 in UK and CSIS in Canada.

The measure of a country’s integrity is not whether societies adhere to Rule of Law most of the time, but whether they still adhere to rule of law when it becomes inconvenient for their power elites to do so.

This Human Rights Abuse relates to torture. The countries involved are the UK and Canada.

Shots fired, a car run into his house, threatening phone calls to his children, he is under surveillance, and he can’t find work as people are scared to hire him. A true story; it is my story.

In an article headlined “The Persecution of Roderick Russell” a UK periodical described this as “a very significant story”. What is so significant is that the threats are being carried out by the intelligence agencies in two countries – MI5, MI6 in the UK, & CSIS in Canada – to persecute an innocent family for power elites. They use a process of no touch torture that the STASI called Zersetzen.

Zersetzen in Summary

Zersetzen is about lies, intimidation, harassment, death threats, surveillance and telephone tapping - and it never stops. Zersetzen (or Zersetzung) means “Oppression by systematic decomposition” and its purpose is to destroy individuals and break up families. Zersetzen is always a crime of the intelligence agencies - as a result all normal support structures and avenues of grievance are removed. Rhisiart Gwilym so aptly described this in Media Lens –

“Roderick Russell getting precious little help from anywhere, as the Black Dogs of Animal Farm persecute him illegally.”

Zersetzen is not the bloodier old fashioned medieval form of torture that leaves marks, but a more modern “Orwellian” 1984 equivalent that was developed by the former East German secret police “The STASI” to cause “severe and prolonged suffering” without leaving marks. For this reason, Zersetzen is sometimes called no-touch torture.

It also goes by other names in the USA, UK and Canada - Cointelpro, D & D (Disrupt & Discredit), Vigorous Harassment, Zersetzung, etc. But whatever Zersetzen is called, it poisons every aspect of a person’s life. It combines character assassination and slander, with threats and intimidation; both different sides of the same Zersetzen coin

In typical Stasi-style the formula used is -- First to slander & character assassinate -- Then to threaten, intimidate & harass -- Then to cover-up by ensuring no investigation takes place -- Then to say you are nuts when you complain about the cover-up.

And then there is OMERTA – a shutdown of help. A cover-up conspiracy to pervert the course of justice, by ensuring there is no proper investigation. Once the secret intelligence agencies are involved, people are scared to help - police, politicians, and human rights agencies.
As the former CEO of an International Arms Co. (Astra), Gerald R. James, writing about his own Zersetzen persecution by MI5 / MI6 stated:

“I was subjected to harassment, burglaries …surveillance, bugging, telephone tapping…my family suffered considerably…my brother was killed in an accident never satisfactorily explained.”

This Paper – A Blueprint on Zersetzen

As this paper describes, our Zersetzen experience began with character assassination and slander after I left Grosvenor International, a company that operates in the USA and Canada, and is owned by the Duke of Westminster, one of Prince Charles’ closest friends. Before speaking out I made every attempt to go through normal channels - police, politicians.

This paper is a blueprint on “Zersetzen Torture” using my well-witnessed experiences as a Case Study. Read it and you will know how Zersetzen is done. What’s so unique about these experiences - and why two Governments are covering-them-up - is the considerable degree of corroborative evidence that is available for verification purposes.

- Chapter 4, page 14, describes the program of intimidation, harassment & threats.
- Chapter 5, page 25, describes the program of character assassination and slander.
- Chapter 6, page 30, outlines the cover-up conspiracy to pervert justice

On page 7 is a description of other victims of Zersetzen torture – Diplomats, Business Executives, Journalists, and Police Officers.

As the Boston Center for Refugee Health & Human Rights states – “Direct threats to him/her or to a relative are by far the most common form of torture.” And we’ve had plenty of these.

What is it like to be a Victim of Zersetzen?

It started with a Worldwide Slander Job by MI6 & CSIS

In my family's case it all started with a professionally executed defamation job in Vancouver, Canada after I decided to resign as Group Controller of Grosvenor International. At this time, I had no idea what was going on or why it was happening, since I have never done anything wrong. Friends and head-hunters who once eagerly sought after me for senior positions, now avoided me. I applied for thousands of jobs to no avail. I had become unemployable. Gradually I became ostracized from all my friends and from the community.

What effect did this have on my family? Well we were bringing up three children and began to run out of our savings. With our savings depleted and little money we were forced to sell our house in West Vancouver and rent, sell both our cars, and still the street beckoned us. We continued to survive because some relatives stepped in to help. I had gone from being a sought after senior executive to being close to living on the street.
This is Zerseten Torture, developed by the former East German secret police to persecute dissidents and used by CSIS in Canada, and MI5/MI6 in UK – but I didn’t know that then.

Then Surveillance, Phone Tapping, Intimidation & Harassment

Then the “Zersetzen” tactics changed. We began to get hundreds of telephone calls with no one on the other end of the line. Yet people who genuinely phoned me could not get through, but were answered by shrieking fax tones. Stalkers began to follow us around quite openly. We were clearly under surveillance. People in cars staked out the house, and sometimes waited right in our driveway. Street Theatre acts were put on for us (a known intimidation tactic). Our Telephone was clearly being tapped and mail interfered with. My computer was going haywire with threats appearing on its screen. We feared for our lives; yet not one word was spoken to us – this is the Zersetzen “no-touch” torture technique, though I didn’t know it at the time. One of the advantages of this technique to CSIS is that it is designed to mirror the complaints a paranoid would make (see page 11 and 12), except that I have plenty of witnesses to corroborate.

Death Threats, Shots Fired, Children Threatened

Thinking it was just West Vancouver and Canada; we fled to the UK in 2001. The threats on my family got worse. The old implied threats continued, but now my children and I were getting death threat calls (some recorded) and threats from people in the street. Our apartment was smashed into, shots were fired at my eldest son (in front of an independent witness) and at myself. Now outside witnesses were also threatened. One woman was sexually harassed and threatened twice in 24 hours. Threats of violence or death were implied heavily against my children. Cars and motorbikes were run at me at high speed and right up onto the sidewalk. We were even threatened with helicopters (hovering close beside the bedroom window in the middle of the night).

Threats in the name of the royal family (in view of the cover-up, the involvement of MI5/6 and Grosvenor’s close relationship with the Royals, I felt this might be genuine). We reported the crimes numerous times and each time it was covered up. Often the police start being honest; then they get the message – cover-it-up. Police cars fired firecrackers under my bedroom window in the middle of the night and set their sirens off, hoods pointed guns at me in the street.

In 2006 we returned to Calgary and the intimidation, harassment and threats continue.

Imagine what my wife has had to deal with bringing up our three children through this. For years she has had to live with the knowledge that her children have been under constant threat of murder by very powerful people, and that the very people who should be protecting you - government - are covering-it-up.

See Chapter 4, pages 14 to 24, for a more detailed review of the Zersetzen threats.

“It is necessary only for the good man to do nothing for evil to triumph”
Edmund Burke (1729-97)
Chapter 2: The Precedents – Other recent cases of Zersetzen Torture by MI5/6 & CSIS

The following cases show examples of where Zersetzen has happened to others – top journalists, police officers, senior diplomats, company chairman. In each of these cases you can Google their details and see them for yourself. The pattern of Zersetzen is remarkably similar:

1. In an article published on 10 Oct 2004 in the prestigious UK Sunday Times headlined “Lies, Threats and Whistleblowers” journalist Liam Clarke reports how honest UK police officers were persecuted by UK intelligence “MI5” using Zersetzen tactics to keep them quiet. Mr. Clarke describes the case of a former special branch police officer – a whistle-blower. He is subjected to death threats and he can’t find work. Sounds familiar? It does to me. Referring to this Zersetzen treatment, Mr. Clarke says (quote) about the use of Zersetzen in the UK alone “it is a phenomenon I have witnessed many times before”.

2. 15 years ago UK mainstream newspaper “The Independent” reported that Police Chief, John Alderson, former Chief Constable of Devon and Cornwall had voiced concern about the direction MI5 was heading, stating - “MI5 .. Infiltrate organizations, people’s jobs and lives. They operate almost like a cancer. At the moment the acorn of a Stasi has been planted” Zersetzen was developed by the former GDR secret police “The Stasi” to persecute dissidents. Canada’s equivalent of MI5 - CSIS - was formed in 1984 with the assistance of MI5 and uses similar techniques.

3. A review of the book “Unperson, A Life Destroyed” describes how this award winning UK journalist, Denis Lehane, refused to work undercover for the CIA and MI5 who, in revenge, spread [false] rumors that Mr. Lehane was “insane, an alcoholic and a serial rapist”. Ultimately they got him “condemned to a psychiatric prison”.

Even the Stasi were not usually as filthy as this. Nobel Laureate Alexander Solzhenitsyn said – “The incarceration of free thinking healthy people in madhouses is spiritual murder, it is a variation of the gas chamber” — Mr. Lahane was hastily released after another journalist began a TV documentary on his story.

4. As former Astra Chairman and CEO, Gerald R. James, wrote in reference to his persecution following whistle blowing that was embarrassing to MI5, MI6 – “I was subjected to harassment, burglaries... surveillance, bugging, telephone tapping ... my family suffered considerably … my brother was killed in an accident never satisfactorily explained.”

5. Citing other cases like Matrix Churchill, Ordtec, Euromac, Atlantic Commercial, BNJ, SRC, Forgemasters, Walter Somers, Polly Peck, Foxley Ferranti/ISC, BCCI, Maxwell, as well as Astra, Mr. Gerald R. James writes that they – “all involved the gross abuse of power by Government, concealment of key evidence, intimidation, threats... perversion of the course of justice.” He then goes on to discuss the cover-up conspiracy stating – “Politicians and civil servants and other leading figures who get out of line can be surveyed or bugged and then threatened, blackmailed, framed up or worse”.

Page 7 of 52
6. On May 31, 2006 Journalist Colin Freeze in Canada’s “The Globe and Mail” points out that CSIS (Canadian Security Intelligence Service) has used something similar to a milder form of Zersetzen, though he doesn’t use the word Zersetzen. Under the headline “lacking a case, CSIS disrupted suspects life” apparently – “officials adopted ... diffuse and disrupt methods ... clients complain of harassment by authorities ... [and being] followed everywhere by Canadian agents”.

7. A former senior Canadian intelligence operative, Gareth Llewellyn, who allegedly worked directly for a younger Stephen Harper, before Mr. Harper became Prime Minister of Canada, wrote in 2010 to several journalists (one of whom copied me) claiming that CSIS is currently using Zersetzen to persecute other victims, including himself. According to Mr. Llewellyn CSIS calls Zersetzen “D & D” (disrupt & discredit) or “Vigorous Harassment”.

Indeed, recently in 2011, a UK Magazine that specializes in intelligence matters, published an article headlined “CSIS and the CANADIAN STASI”. The headline says it all: [link]

8. A cable, disclosed by Wikileaks, recounts a July 2, 2008 meeting in Ottawa between former CSIS Director Jim Judd and State Department Official Eliot Cohen. According to this diplomatic cable, CSIS Director Judd stated that CSIS was “Vigorously Harassing” people in Canada.

Harassment is defined under Canada’s criminal code as behaviour that must give one good reason to fear for your personal safety; so “Vigorous Harassment” by CSIS is just another name for “D&D” or “Zersetzen”.

9. Then there is former UK–Foreign Office whistleblower Mark Higson who was persecuted to his death as described in page 40 of this Paper. He is not the only former senior UK FCO Diplomat and Whistleblower currently being persecuted.

10. The book Bordergate (by Darlene Fitzgerald & Peter Ferrara) describes how US Customs whistleblowers were illegally harassed, intimidated, blacklisted, and when they complained were (wrongly) painted as “crazy nuts”.

11. Quote from: Boston Center for Refugee Health and Human Rights – “Direct threats to him/her [the victim] or to a relative are by far the most common form of torture.”

Referring to the “abuses” developed in the late GDR that it called “Zersetzung”, the Center goes on to state – they [Zersetzung] could easily, inconspicuously be implemented by “democratic systems”.

12. The Stasi produced huge documentation on Zersetzung (note the spelling is different); some of it can be viewed (in German) using internet search engines. Anna Funder wrote an excellent book (in English) called “Stasiland”. And note journalist Liam Clarke’s statement that he had seen the use of Zersetzen by UK intelligence “many times”.

All of the above citizen targets of MI5 / MI6 and CSIS are honest whistleblowers or critiques of establishment elites. Not one of these illegally persecuted targets has broken any law.
Chapter 3: Power Elites – Two G8 Governments and the Myth of Plausible Deniability

It all began years ago when I chose to leave Grosvenor International, a large private company owned by the Duke of Westminster. I had worked in Grosvenor International’s worldwide head office in Vancouver, Canada as Group Controller. Though I had done an excellent job, years of character assassination followed (see Chapter 5, page 25). Grosvenor denies involvement in this.

Damaging rumors would also circulate behind the backs of other executives who left Grosvenor’s Vancouver office. This company is a powerhouse in financial and royal circles. A former Deputy Chief of UK Defense Staff, the Duke of Westminster has reportedly boasted about his intelligence connections, was Official Mentor to Prince William, is a close friend of Princes Charles & Phillip, and as such moves in the circle of their cousin, The Duke of Kent, who heads up worldwide freemasonry. The Managing Trustee of Grosvenor when I was the re, Jimmy James, went on to run the Duchy of Cornwall, Prince Charles’ largest income source. An article in the pro-monarchist "Daily Mail" dated 11/2/2007 and headlined “The Duke of Westminster: so rich and so very foolish" provides some additional background. A senior lawyer, referring to Grosvenor, has said that organization “has far too much power”.

A senior Canadian banker has said “how could they let this get so far”

In typical Stasi-style, the Zersetzen formula is -- First to Slander - Then to Threaten - Then to Cover-Up by Ensuring No Investigation Takes Place - Then to say you are Nuts when you complain about the Cover-Up

Before speaking out I made every attempt to go through normal channels - police, politicians.

Nothing is more dangerous for democracy than the links forming between power elites and the State’s secret intelligence/security apparatus.

The late Roberto Calve of Banco Ambrosiano referring to the high establishment said they exercised what he called “potere occulto” – secret power

Government should be Protecting – not Persecuting

Stasi-style Zersetzen torture is always a crime of the security & intelligence agencies - not just because of its sophistication, but because it involves closing down all normal support structures and avenues of grievance so that the target victim has nowhere to turn for help. Indeed, once MI5/MI6 & CSIS are involved, people are too scared to help.

Zersetzen requires an OMERTA (i.e. a silence, a cover-up) from Police, Politicians, and Human Rights Organizations. Cover-up is a key component. Indeed, without this cover-up Zersetzen could not continue for any prolonged time.
Whatever happened to equality before the law? Even the *Queen* seems aware something is wrong - According to Burrell she warned “Be careful, Paul. There are forces at work …about which we have no knowledge. Do you understand?”

**Police cannot operate where MI5/6 & CSIS are involved** and where government is covering-it-up - indeed some police whistleblowers who disclosed Illegal secret service acts have themselves been subjected to Zersetzen.

15 years ago former *Chief Constable* John Alderson warned about the direction MI5 was heading, saying -

“*MI5 … infiltrate organizations, people’s jobs and lives. They operate almost like a cancer. At the moment the acorn of a Stasi has been planted.*”

**Neutering the Politicians**

**The key that enforces a cover-up conspiracy** is the involvement of the intelligence/security agencies. These agencies operate in secret, outside the law, and with impunity. The plain fact is that once an illegal link has been established between power elites and secret intelligence agencies, the only possible control over these agencies is strong political oversight.

Politicians believe that the intelligence agencies have the power to destroy their careers. Indeed these agencies know all the politician’s personal secrets; so their ability to blackmail is very real.

Almost everybody can be blackmailed by those who know where the skeletons are. Consequently there is no effective political oversight of CSIS & MI5/6 as the politicians are scared of them. As Former Astra Chairman Mr. Gerald Reaveley James (page 7, item 4 & 5) wrote:

“**Politicians and civil servants and other leading figures who get out of line can be surveyed or bugged and then threatened, blackmailed, framed up or worse**”

Those familiar with the well-publicized *Grant Bristow* (a CSIS Agent Provocateur) affair of a couple of decades ago in Canada, and his likely effect on the election chances of the then Reform Party, are well aware what CSIS can do to SMEAR politicians if it chooses. A former UK Prime Minister, Harold Wilson, complained that MI5 / MI6 were out of control, and out to smear him (this was 40 years ago).

**Reservatio Mentalis**

But usually the intelligence agencies don’t have to “persuade” someone to look the other way.

*Power creates an atmosphere in which individuals practically feed off what they think power wants.*

“Chomsky” may have come close to an explanation when he points out that the *Media* (and I would also add in Human Rights Organizations, Police) will **follow the Establishment Line** wherever Establishment Elites have formed a broad consensus - and that a small highly placed
group of Power Elites within the establishment can form a consensus on its own where, as in my case, there is no opposition from anybody powerful.

A former Sunday Times Editor further explains this apparent Press Censorship saying that when it comes to the establishment our Press has a history of “Reservatio Mentalis” (closing one’s mind to inconvenient truths) “to make obedience easier”.

Obviously either my well-witnessed accusations should be investigated, or I should be charged and brought before a Jury. But as our intelligence agencies don’t want evidence of “Zersetzen” torture in open court, they resort to smearing the target victim for those who need an excuse to justify their looking the other way.

**The Myth of Plausible Deniability**

*The old Canard of CSIS and MI5/6 is that everything is deniable* on reasonable grounds, and in some cases it is. But they also promote this same canard even in situations like mine; where the evidence is so strong that “plausible deniability” is an absurdity - Look under the paragraph below headed “strength of evidence” to see the sources of 3rd party evidence that is available to verify my testimony.

Spooks excel at the lying game. It seems that a hallmark of intelligence is that the operatives lie so often they forget what the truth is. Former UK Prime Minister Harold Macmillan seemed to confirm this view, saying that - long serving spooks “must be either weird or mad”.

**A 2nd Canard** is that Zersetzen targets will “be accused of paranoia as a part of the actions taken against them by the security services”. This is standard practice as it provides an excuse for not investigating. Indeed as the Stasi documentation shows, some of the “Zersetzen” threats are deliberately designed to mimic mental illness. This was the Stasi’s technique.

So how does one tell the difference between genuine victims of Zersetzen and those who are just sick?

**The litmus test is this** - in many cases genuine victims will have 3rd party witnesses, documentation, etc. to corroborate some of the incidents. They will have tried to get the matter investigated; so they will also have evidence of a cover-up.

The key to my own case is that there are numerous 3rd party sources of corroborative evidence to verify - eyewitness testimony, recorded death threats, evidence of property smashed, etc. See paragraph below “Strength of Evidence”

This smear is discussed in more detail on page 28 of this paper. As outlined on page 7, item 3, MI5 had investigative reporter Denis Lehane wrongly locked up in a mental asylum -- not for nothing did Nobel Laureate Alexander Solzhenitsyn say, behavior like this “is a variation of the gas chamber, even more cruel.”
**Strength of the evidence**

**Proof of intimidation & slander + Proof of cover-up + MI5/6 & CSIS = Proof of Zersetzen**

Take a look at the evidence proving (1) intimidation, harassment & threats on pages 14 to 24 of this paper - 90% of these selected incidents are supported by 3rd party corroboration; then (2) Look at chapter 5 page 25 for years of slander and character assassination.

Then go to chapter 6 page 30 for hard evidence that proves (3) the cover-up conspiracy to pervert justice. Cover-up in itself is an admission of guilt; as often is the case it’s not just the act, it’s the cover-up that pins them.

Sources of evidence proving (4) illegal involvement by the security and intelligence agencies are listed in Chapter 9 page 46.

There can be no prospect of “plausible deniability” as the evidence is just too strong.

**Zersetzen – Hidden in plain sight**

Zersetzen is a form of no-touch torture that was designed with “plausible deniability” in mind.

**So what's different about Zersetzen torture? Consider this:**

**Firstly**, it doesn’t leave the physical marks that are associated with more medieval forms of torture. Yet as the Boston Center says - “Threats to him/her or to a relative are the most common form of torture”. And Zersetzen includes plenty of threats, and threats by people who are more than capable of carrying them out - in Zersetzen, you don't have to physically abuse or imprison people to torture and threaten them.

**Secondly**, many of the Zersetzen “threats” are situations that could occur naturally; it is the high frequency of occurrence of these events that is unusual and that, when combined with other similar events, presents a pattern that is threatening. It’s the pattern of events, not each individual event that poses the threat. Consider this:

- For example: What’s wrong with getting a phone call with nobody on the other end of the line? Answer: Nothing, it happens.

- But how about six such calls a day, every day, with your daughter also saying she has had a weird call, and your wife’s email inbox is being re-sorted 2 or 3 times a week and she doesn’t know why; indeed you have noticed the same car seems to follow you around -- Is it beginning to look just a little bit threatening to you?

**Thirdly**, some Zersetzen incidents are deliberately designed to mirror the complaints a paranoid might make. Consider this:
A man came up to my wife and I on the street in a friendly fashion; he appeared to have had a serious head injury and his mental health had been badly affected. He wanted to tell us all about his time in hospital. Is this threatening - of course not.

Now add in some more information: The man came up to my wife and I when we went out in daylight hours for the next 10 days. Even when we walked in a new direction he would find us; though he never went up to anybody else. It was apparent that he was only interested in us, and that he was being positioned to intercept us wherever we went. He was an actor, giving us the message that some people get their head kicked in, and what the result is. It’s a known Zersetzen technique called “Street Theatre” where actors act out a threat. Some other “Street Theatre” incidents are summarized in the “Aid Memoir” document.

Indeed the Manson family during their "creepy crawler" burglaries of the late 1960s, would enter homes and steal nothing, but would rearrange furniture to upset and confuse residents. As we all know, Manson knew how to threaten and torture effectively.

Unlike the major threats, no direct verbal threat is ever made, yet by setting up a situation that most people will think of as fantasy, MI5/MI6 & CSIS can poison every part of a person’s life. On page 19 of the Aid Memoir document is a list of 6 of the items of “Street Theatre” that we’ve experienced.

One can’t help concluding that those who practice Zersetzen have to have a strong Psychopathic component to their personalities.

The measure of a country’s integrity is not whether societies adhere to “Rule of Law” most of the time, but whether they still adhere to Rule of Law when it becomes inconvenient for their Power Elites to do so.

“Eternal vigilance is the price of democracy”
Thomas Jefferson
Chapter 4: Death Threats / No-Touch Torture. A list of Zersetzen Threats

The UK Intelligence Services MI5, MI6 and Canada’s CSIS are known to practice Zersetzen torture, though they deny it formally.

Zersetzen is more common than one thinks. Take a look at Chapter 2, pages 7 & 8, for a description of other victims of Zersetzen – journalists, police officers, senior diplomats, Company CEOs.

Zersetzen threats fit into 4 basic categories:

1. **Direct Threats**: shots fired; death threats; vehicles run at one; property smashed; children threatened, etc.

2. **Indirect threats**: (a) Aggressive “in your face” overt surveillance, stalking, smear campaigns, blacklisting, destroying relationships, prowlers, ongoing harassment (multiple instances), street theatre, harassed out of apartment, computers wrecked, and … (b) Mail interference, telephone tapping & call interference, computer & email interference to disrupt communications.

3. **Bureaucratic Harassment**: Ongoing issues/mix-ups/documentation loss in government offices & utility companies; they all get resolved, but make everyday life difficult.

4. There are two further types of Zersetzen.
   - The **cover-up conspiracy** is by itself very threatening since it is a denial of basic justice by the State (Chapter 6, Page 30)
   - The **25 year campaign of slander and defamation**; designed to ostracize the target victim from the community, and render him unemployable (Chapter 5, Page 25)

1: Direct Zersetzen Threats

*Shots fired, death threats, a car run into his house, threatening phone calls to his children; a motorbike run directly at him*

There follows a selection of 6 of the many direct threats showing that some have significant sources of 3rd party corroborative evidence for proof.

*Following a meeting with “The Guardian” newspaper - My Children were threatened and a Car was run Into my House.*

As described in more detail on page 41 of this paper, my wife and I went to The Guardian in Manchester, UK in person (in 2005) and described how my family is being illegally persecuted.
Returning home on March 24 2005 from The Guardian’s Office, my wife and I were threatened in the name of “His Royal Highness”. A week later my eldest son (then in Birmingham, UK) received a series of very nasty telephone death threats, which he recorded (police crime number 20/E2/3302/05); that same night my wife was woken by the cell ringing - with two weird text messages. 24 hours later a vehicle was smashed into my house in Manchester. (A very loud bang; the building shook as if in an earthquake - the brick porch was destroyed, and a large crack opened up 20 ft. into the building). Meanwhile my documentation disappeared from The Guardian’s secure office - a hallmark of MI5.

A huge amount of 3rd party evidence that corroborates! The telephone threats were recorded (and witnessed), the property damage had dozens of witnesses, and the Guardian’s Editor apologized in writing for having “lost” my documentation, etc. A transcript of some of the recorded threats is on this URL:

http://tinyurl.com/ExamplesZersetzenThreats or

http://publish.indymedia.org/media/2008/04//905426.pdf

Motor Bike Incidents (London)

On June 13 2001, a motorbike was accelerated straight at me in London – I jumped, it swerved and missed me by about 3 inches. This happened close to a huge police station near Victoria Train Station. 15 minutes later walking along Turks Row (by York House) a car stopped beside me and in a threatening manner the driver pointed out how easy it would be to kill me. Over the next few days I was noticeably under overt surveillance.

My Daughter Threatened - by intelligence Operative in Calgary, Canada

My brother-in-law in Calgary attempted to provide help to look into this issue. It became abundantly clear that the help (lawyers, private eyes, etc.) were getting scared off the case - and there is huge 3rd party evidence of this. On July 24th 2006, by email and phone call, I asked my daughter in Calgary to write down all that was happening to the help. Two days later, on July 26th 2006 she was accosted and physically manhandled in downtown Calgary as she crossed under the 8th. Street bridge. The hood had followed her from her place of work. As he stopped her from moving and banged her on the shoulder, he said “Don’t do it. Just don’t do it” (i.e. don’t write the report that I had asked her to write about the "help" being scared off). This was the 3rd time my daughter had been threatened. The police officer involved said he could tell that from his modus operandi that her cowardly assailant “had had intelligence operational training” (CSIS).

Shots Fired (Birmingham, UK)

Nov 2007, Shots were fired into the living room of my eldest son’s house in Birmingham, UK. Reported to police (with spent shot handed in) by my son Roderick Russell (same name as myself) and a German National who were joint complainants and witnesses. The lady was further intimidated in Birmingham in this series of threats. Indeed it was that very same month, Nov
2007, when the campaign to harass us (his parents) out of our apartment thousands of miles away in Calgary, Canada began.

**Self & Two Children Threatened in 2 Cities.**

Late Thursday May 20th, 2004 I sent an email that was critical of the Grosvenor world to a friend of a Grosvenor executive, Adrian Dobble at Numerica - though MI5 would also have received it as they tapped my telephones, and likely monitored my emails.

On Friday May 21st, 2004, as soon as I connected (by land line) to the internet, my computer was attacked by a download that broke through my security and caused it to immediately stop functioning. Early Saturday May 22nd, 2004 two unusual calls that fitted with previous patterns of threats were made to my cell phone. That morning a late model Rolls Royce stopped outside my apartment for several minutes. Nobody got out. Its passengers just observed; and drove off when I walked towards it. At 12 noon a huge and very bright flash lit up our living room (laser, strobe? etc.) - It was as bright as a flare; I don't know what it was technically. I do know that it was clearly a power threat. The room lit up with a very bright flash accompanied by a loud noise as the light struck the wind (3 floors up) at an angle and bounced off the mirror. It was aimed at where I was sitting trying to fix the computer.

On Friday May 28th at around 5 p.m. I telephoned my daughter, then in Aberdeen, Scotland and mentioned the bright light/flare incident in our living room, and the computer’s destruction on the previous weekend. I also told her about the Rolls Royce and opined that the only people whom I have met who are resident within half an hour or so of this area and would likely own a late model Rolls Royce are the Duke of Westminster and / or the Grosvenor Hotel in Chester.

40 minutes later a hoodlum called me giving his name as “Raymond” from a phone with a traceable number. He threatened me and went on to say he was “very worried about your (my) security”. He said he was responsible for “looking after your (my) security”. He then made a threat against one of my sons**. The next morning, Saturday May 29, my daughter was threatened and intimidated 500 miles away in Aberdeen, Scotland where she was a university student.

** I called “Raymond” back with witnesses on the line and he confirmed he was from what he called “the security organization” [Is it a synonym for MI5?]. The police later traced his number and determined that “Raymond” had called from a stolen cell phone.

** Threatened in Calgary, Canada in 2011 for telling the Washington Post about my “The Guardian” story ~

On March 4/5th 2011, I emailed Jeff Stein of the Washington Post about my The Guardian incidents -- described on pages 14 & 15. These were the well-witnessed threats that had happened 6 years before because my wife and I had gone to the Guardian with our story. We were now living in Calgary, Canada. CSIS would have known of the contact with Mr. Stein since they monitor my emails.
The following day, at 12:05 on Sunday 6 March 2011, I was walking down 30 Avenue in Calgary near the corner with 14th Street SW. Two hoods skidded across the road deliberately and dangerously in a truck just as I walked past them. They then got out of the truck. When I questioned the larger of the two guys (6’ 4” plus) about his dangerous driving asking him if it was deliberate and aimed at me, he started swearing and got very threatening. I was told you don’t “know your place”. I told them that this is about basic justice and rule of law, and abuse of power. As the smaller guy got into his own vehicle to drive off I asked him to tell his handlers what I had said, and he said he would.

The above is just a small selection of the threats - There have been dozens of other direct threats.

2 (a): Indirect Zersetzen – death of a thousand cuts

Former Stasi Chief Markus Wolf was reported as having said the effects of the Stasi's [Zersetzen] harassment campaigns, "were probably more damaging, ultimately, than any physical torture would have been."

Unlike the more “Direct Zersetzen Threats”, the following “Indirect Zersetzen Threats” are very much a Psy-Ops operation, where Zersetzen is usually done very subtly for a long period of time, with the objective of hiding the torture -- conducting it in a manner that though menacing to the target victim, is designed to sound strange to 3rd parties who are unaware of the sophistication of Zersetzen.

This was the Stasi’s technique - "Torture hidden in plain sight". It's discussed in this Paper in pages 11 to 13 under the captions: "The Myth of Plausible Deniability" and “Zersetzen - Hidden in plain sight.

Here are 5 examples of Indirect Zersetzen threats - and once again, note the corroborative evidence that is available.

McMaster University Confirmation
(And threats, phone interference, mugging)
On Oct 26th 2008, McMaster University emailed that my paper - Corporate Terrorism, Whistle-Blowing, and Failure of Policing -"has been accepted for oral presentation" at their Congress

The very next day a stranger told my wife that it was the anniversary of the killing of her “murdered daughter” and that she would lay flowers on her grave - My wife has never had a conversation like this before, and given the timing and fact that the lady was unusually cheerful; we felt it was an implied threat.

Over the next two weeks there were innumeros “telephone incidents” - several strange/weird calls - all the voice messages we had saved were lost and TELUS couldn’t retrieve them - then the voicemail stopped functioning altogether, and TELUS couldn’t retrieve any of the messages that came through over this period either. Ultimately the telephone itself stopped functioning for a few days. My wife called TELUS twice to enquire, only to get cut-off twice in mid conversation.
The 3rd time she was not cut off, but TELUS was unable (or unwilling) to explain what had happened.

When the phone reconnected, my eldest son, then thousands of miles away in Birmingham, UK, was finally able to get through and called us to tell us that he had been mugged earlier that week.

**Moving Harassment et al**  
(Harassed out of apartment; Phone harassment, Street theatre & Mafia threat, Shots fired at son; Bureaucratic Harassment)

In Aug/Sep 2007 a campaign to harass us out of our apartment in Calgary, Canada began. This included some very wicked and slanderous emails to my landlord, who kindly copied me on them all. When they slander - they really go to the extreme. There were two harassers. One seemed experienced (Ex Eastern European - CSIS subcontract?) in this field and she had moved in a couple of weeks after us. Moving in to the same building as a target victim is not uncommon in Zersetzen, and other victims have commented on similar experiences.

There were a series of other related incidents the very same month, including threats for no reason to cut off our electricity (easily resolved but annoying), my wife hounded for medical bills she didn't owe (made more difficult to resolve because Gov. had “lost” her file), and as previously described shots were fired into my eldest son’s apartment in Birmingham, UK.

We moved on March 2 2008. There were a number of incidents - The “ex-East Block” harasser from the last apartment smashed bottles outside my new apartment, threw down gloves in front of me, and shook fists. For a day a truck was loitering and followed me everywhere I went. There were 15 weird/eerie somewhat threatening telephone calls. And as par for the course another Gov. Department “lost” our file. Later in the month on the same day there were two stalking incidents in / near the library, and when walking home, a vehicle turned across the street, stopping me on the cross walk, in a deliberate way so I would see his license plate which read “MAFIA”.

**Lies, threats, and Government Cover-up**  
(Phone interference, Bureaucratic interference, and Prescription problem/Health harassment)

April 30th 2008 I published the article “Lies, threats and Government cover-up”. There were several of the usual weird telephone calls, and more documentation that had been filed with Government got “mislaid” by them.

Later that month my wife went to her pharmacist for her monthly prescription only to find that government had cancelled it without notice. The pharmacist was amazed saying that this sort of thing didn’t usually happen. It seemed the purpose of this deliberate action (cancellation of medicine without notice, which for her could be life threatening) was either to deny my wife necessary medication, or to harass her by having her believe that it would be denied until the last moment. We formally faxed the Deputy Minister and were able to sort it out.

**RAT/GAG Incident:**
The background is that MI5 / MI6 were reading my computer’s keystrokes (as I discovered later) and so they knew that, after years of silence, I was about to make a formal complaint (I was drafting it on my computer). Here is what happened:
• On Friday July 23rd 2004 - my wife and I left the Didsbury Library (Manchester, UK) by the Barlow Moor Road exit. A car (silvery colored Toyota Celica) drove up very fast right onto the sidewalk in front of us, skidding to a stop. The driver got out and walked directly at me; I stood my ground and he got back in his car. He then began gyrating the car backwards and forwards (i.e. reversing and going forward) drawing further attention to himself. I noticed, as I was meant to, the last three letters of its license plate, which were “RAT”.

• The next day, my wife and I were returning from a walk when we noticed a 4 by 4 parked near our apartment on the North East corner of the junction of Spath Road and Holme Road. When we were about 20 yards off it started up and began gyrating not just backwards and forwards but backwards right across the road – drawing attention to it. The last three letters on its license plate were “GAG”.

I now know from unrelated other complainants that the use of false license plates is a common tactic used by both MI5 in the UK, and CSIS in Canada. Indeed a former senior Canadian intelligence operative included it in an article he wrote about CSIS (see page 8, item 7).

There were several other “stalking” incidents in this series, but the message to my wife and I was plain - it was RAT/GAG - a threat to stop us from making a formal complaint.

**Blue Screen Incidents**

When I did file my complaint with police, it was covered-up. So I complained about the lack of investigation to the UK’s Home Office Ministry and Minister “Hazel Blears” through my then Member of Parliament, The Rt. Hon Keith Bradley. He advised me that he had contacted Hazel Blears, and they were now investigating my complaints.

The background to this series of incidents is that on February 7th 2005 I wrote to Lord Bradley telling him that he had been misled by the Home Office who were not investigating as promised, but instead were covering up. Here is what happened:

• Wednesday February 16th 2005 Evening – I noticed a car just below my apartment window; its back seat was packed with electronics (like computer servers piled on each other), and the driver was viewing a laptop. After 15 to 20 seconds from my opening the window and looking at him, he drove off. The following day I was out walking and noticed, as I was meant to, a 4 by 4 behaving in a fashion similar to that in previous intimidation sequences. (These incidents are typical stalking behavior because they let their target victim know he is being watched).

• 15 minutes later, at the junction of Lapwing Lane with Wilmslow Rd., a pellet was fired at me from a moving vehicle and hit me on my left temple just above my eye; my forehead was bruised and bleeding. When you get hit on the head, even by a pellet, it is quite a significant threat as you hear a huge bang and your head is jerked rapidly backwards by the force of the impact.

• The following Saturday (Feb 19th) after 10 PM. A car (two men in it) drove up the driveway and stopped with its headlights on full beam just where it would shine at our
window (my son had just gone out for the evening a couple of minutes before). I stared out the window at it. It then drove up right underneath our window, turned its headlights on and off several times, and then started flashing them continuously – nobody got out, or into the car. I came away from the window and it drove off immediately. They had no purpose in the driveway, except to draw attention to themselves (headlights on/off several times, then continuous flashing) - A clear stalking tactic but one timed to imply a threat against my younger son who had just gone out for the Saturday night. Threats against your children are a known Zersetzen tactic.

So the backdrop to this Zersetzen sequence was the very clear threatening message that shooting me in the head with a pellet implied - STOP complaining about the cover up, or else. This sequence of threats also included three instances of stalking using a vehicle, and an implied threat to one of my sons.

** The “blue screen incidents”, as the police called them, were in response to my complaining with evidence about the cover-up. Look at pages 32 & 33 of the “Aid Memoir” document to see the other threats made in response to the complaints I made to the UK Home Office / Minister Hazel Blears about their ongoing cover-up in 2005.

** In 2011, I was intimidated for complaining about Canada’s intelligence agency “CSIS” to their review committee, the SIRC. Details (SIRC) of these more recent threats are on page 5 of the following document:

SIRC-CSIS Complaint.pdf  or


In short I was intimidated in the UK for complaining to a British Cabinet Minister (Hazel Blears), and intimidated again in Canada for complaining to a Canadian intelligence review committee (SIRC).

2 (b): Indirect Zersetzen – Controlling communications

Email - Mail - Telephone

1. Communications Interference

It is routine that targets of the intelligence / security agencies have all of their communications (Mail, Email, Telephone) effectively controlled. Telephone calls are tapped - and listened into - letters are intercepted and read, and also email. But it goes far beyond tapping - calls are interfered with, or cut off; some emails don’t go where they are sent, and some letters are not delivered.

MI5/6 and CSIS are comfortable with their target victim and his close colleagues (who know what is going on anyway) knowing that your communications are interfered with as part of the Zersetzen process - they just don’t want 3rd parties to know it.
So how is this done?

2. Telephone Tapping and Call Interference

It’s not just tapping and listening in! CSIS and MI5/6 operate what’s known as “Interception Centers”. They have an understanding with the telephone companies so that all incoming and outgoing calls to/from your lines are routed through an “interception center” - where they can control their target’s phone lines. I have evidence that proves that some incoming calls have been stopped at the interception center. For example:

1. Some callers have got a message saying “this line is not in service” or “this line is permanently discontinued” to make the caller think you have cancelled your phone, when in fact the call was routed to an interception center and never reached you, or

2. The call rings in the interception center and not your phone. Since it isn’t ringing in your house, you don’t know there has been a call. As the caller doesn’t know it is ringing in the interception center and not in your house, he just thinks you didn’t answer, or

3. The call is routed to an “interception center” copy of your voicemail with your own recorded voice message; so the caller thinks he/she has left a message, but you never receive it.

But “interception centers’ are not just used to tap and intercept calls - Interception Centers are also used to intimidate. Here are some situations that we have the evidence to prove:

1. For a year, regular weekly calls from a relative in Europe to my Calgary, Canada line would only ring on our phone on the 3rd call. The 1st 2 calls rang in the interception center without answer, and only the third call was routed through. It stopped when we formally complained to the telephone company - this was just a childish ploy to intimidate us, and there are many other similar ones.

2. If you talk to close colleagues (who know what’s happening) about subjects the security / intelligence apparatus are not comfortable with, then the interception center often warns you off as part of their intimidation campaign -- clicking starts on the line and in increasing frequency as you continue talking, or other line interference is used in a similar way, or the line is just cut off.

How do I know about “Interception Centers” and what they are used for?

In 2004 I made a call from Manchester to my daughter, then in Aberdeen, that was critical of Grosvenor and was immediately threatened as was she the following day. This had happened before. I had said things on the telephone and was harassed for doing so. So I knew my telephones were tapped. My phones were also being used for harassment in real time (e.g. I would say something critical and my phone would be immediately cut off). As I would later learn, all my calls are routed through an “interception center”.

Malcolm Kennedy, himself a targeted victim, sent me tapes of his experience. Everything he had experienced, I had experienced. They controlled his lines. (He got an interception center employee to admit it on tape). His tape proves that calls were being routed through an MI5 interception center where MI5 could control and interfere with his incoming calls. This explained some of the odder things that have happened to me multiple times, which are: calls I don’t get -
caller is told my line is not in service, or leaves a message (which I don’t get, though the caller thinks I have received the message) - some calls are just cut off - or heavy line interference added so one can’t hear. Since the symptoms are alike, CSIS clearly uses similar call interception procedures

There is significant documented proof that my telephones are tapped, calls intercepted and interfered with, using CSIS/MI5 “Interception Centers”

Under the caption “Telephone Tapping and Call Interception” a few of the many examples of this are summarized on the “Aid Memoir” Document pages 25 to 27. There are many such examples.

3. **Mail & Email Interceptions / Obliteration**

**My email account hacked into - 2,000 messages obliterated**

On Sep 12th 2009, my main email account was criminally hacked into and all past messages (some 2,000 of them) were obliterated. As the written correspondence between us shows, Yahoo was not able to recover any of these messages; nor apparently could they explain how it had happened. Some of these messages and answers were evidentiary; it was clear that CSIS wanted to wipe the record.

**My mail and email messages are also intercepted, read and sometimes eliminated**

We know that there have been many occasions when emails sent to us were intercepted and never arrived, and where emails I sent didn’t get there either.

How do I know this is happening? Well, there is the journalist who complained that I never replied to the emails he sent me. The answer of course is: I never received the emails he sent since they were intercepted -- or, the politician who confirmed that emails I had sent him had never arrived – or, the activist who didn’t receive my emails, mentioning that her computer started malfunctioning the week I sent them, saying it’s “all very strange” -- or those who told me that, without their knowledge, my email address had “somehow” got into their spam filter…. and so much more.

Frankly, if your emails are being intercepted it becomes obvious after a while, and this has been going on for many years. Indeed, for several years, the order of emails in my inbox was being changed on a regular basis so I would notice it was being interfered with. Indeed to make the point, on some days I couldn’t open my email, but though my wife could open hers she would find her inbox had been re-sorted. The following day - the opposite might happen.

And as for letter mail: Well, we know that some mail sent us has wrongly been returned to sender; and we also know that our mail is being intercepted and read - How? Well, (1) some of the mail had clearly been opened, and (2) letters were taking too long. When CSIS cannot decide whether to deliver or not, they procrastinate; one letter from Ottawa to me took 2 ½ months to deliver from its postmark date. CSIS even intercepted a letter from their own review committee, SIRC, to me.

4. **Computer Spying, Interference & Intimidation:**
Several of my computers were destroyed through malware/viruses, or badly damaged; despite strong anti-virus / firewall programs - Indeed I have worked on other peoples “secure” computers only to have them trashed as well.

There are numerous examples of computer spying - From Summer 2002 to May 2004 there was clear proof my keystrokes were being read and transmitted elsewhere. At one point, when I was working offline, my keystrokes were obviously being recorded and stored, so that they could be transmitted as soon as I came back online (see page 18, the RAT/GAG event).

Data in the computer was even changed. Stored URL references were interfered with so that they didn’t work when you sent them out, or included them on a web site. The URL you send still reads correctly - it hasn’t changed. But when you put a curser on it it’s been adjusted just very slightly so it won’t work when clicked on (Ex - a dot is changed to a slash, or the letter “a” to a letter “o”, or an extra comma is added).

And then the computer is used to threaten and intimidate:

At one point my standard Web page was replaced by an eerie “satanic - style” page which has to be seen as threatening and, on another occasion the replacement page showed a pistol pointed at me; I have also had threats flash on the web page itself; my keyboards have been taken over several times when I was online; an anti-virus program was inactivated right in front of my very eyes.

Some internet blogs that I use are monitored 24/7 so that when I come on there is an immediate response to any comment I have made. Hundreds of examples. Frequent insults; sometimes the internet is used to threaten - Here is an example that was posted on June 10th 2010 - "For egging on Roderick Russell, if something horrible happens to him or someone around him, you’ll own part of it".

3: Ongoing bureaucratic harassment

Constant harassment from government agencies, utility companies, etc. designed to make lots of little things go wrong.

- Lots of it in Calgary. I have huge 3rd party documentary proof to prove bureaucratic harassment designed to constantly cause me problems – a Zersetzen tactic documented by the Stasi for their training programs. Particularly noticeable during the period I was complaining to Federal Politicians and Prime Minister Harper about the cover-up conspiracy in Canada. Matter was stopped after written complaints to two Alberta Deputy Ministers and The Attorney General.

- Bureaucratic harassment is used to make routine everyday things problematic for their victim as part of the Stasi strategy to "undermine, subvert and corrode" their victim by manipulating bureaucracies to cause unnecessary problems for their victim.

- For example – threats to cut off my electricity – my telephone going haywire – my mail going array – medical insurance cancelled for no reason. All of these get sorted out, but they are an ongoing harassing nuisance – The clerks involved don’t understand what is
happening because their systems and processes are being messed around by the CSIS secret police and they don’t understand it.

Just take the electricity example. The electricity company threatened to cut off my electricity for non-payment, but I didn’t know what to pay since I had not received any invoices. So I contact the company and ask for an invoice. But no invoice arrives, just more cut off notices. This happens 5 times, and nobody can explain. Finally it’s resolved. Meanwhile my telephone is going haywire. This is resolved. Dealing with another Government agency they can’t find my file – it has disappeared from their office. And so on.

What are the selection criteria for choosing these particular threats?

Well firstly, **90% of the incidents included in this paper are backed by 3rd party corroboration for verification purposes.** - Eyewitness testimony, 3rd party documentary evidence, recorded telephone threats, etc.

How does one determine which events qualify as Zersetzen, as the object of its practitioners is to try and disguise what is going on? The test I use is twofold:

1. For one event on its own to be classified as Zersetzen, it has to be a clear and obvious threat.
2. For a pattern of events to be classified together as Zersetzen (1) there must be several events in the threat series (2) the probability that the pattern of events could occur naturally must be so infinitesimally small as to be practically zero - and (3) if **any** single event is removed from the pattern of events; the probability that the remaining pattern could occur naturally, must still be practically zero.

The Zersetzen formula

*First to Slander - Then to Harass, Intimidate and Threaten - Then to Cover-Up by ensuring no Investigation takes place - Then to say you are Nuts when you complain about the Cover-Up.*

“**I was subjected to harassment, burglaries …surveillance, bugging, telephone tapping…my brother was killed in an accident never satisfactorily explained.**” *(Gerald R. James, Former Multinational Company Chairman and CEO)*

*John Alderson, Former Police Chief – “They [MI5] Infiltrate organizations, people’s jobs and lives. They operate almost like a cancer. At the moment the acorn of a STASI has been planted”*
Chapter 5: Character Assassination & Slander – The 1st Zersetzen

The other side of the Zersetzen coin is The Big Lie Strategy - Targets usually experience character assassination which is done to destroy their personal and professional life.

One German journalist, after reviewing the Stasi’s procedural documentation, wrote this about the defamation & slander side of Zersetzung (Zersetzen) –

“It's about manipulating people or groups of people by typical STASI methods (hearsay, gossip, lies, spreading rumors about someone ... the list goes on).”

The big lie technique is based on this premise – That people will more readily believe a Big Lie, if it is big enough and if it is spread repeatedly, than they will believe the truth. The Daily Express disclosed that the UK intelligence agency MI6 has a secret “dirty tricks” unit called I/OPS that is used to smear the good name of individuals.

The objective of the professionally done slander campaign is (1) to impoverish their target victim by rendering him unemployable and (2) to ostracize him from his professional associates to ensure that all normal support structures and avenues of grievance have been removed.

It is the Big Lies that do the initial damage. In fact the intimidation and threats that follow are to terrorize the target victim into not speaking out about the lies.

The Blacklisting

I left Grosvenor International in 1986. I had done a 1st class job and can prove it. I didn't know it then, but my career had already been destroyed. My job was defined by a headhunter, The Caldwell Partners, somewhat exagerratedly, in their advert as - "Worldwide Controller ... Likely the most senior Controllership role in Canada". A copy of this advert is available on request.

Prior to joining Grosvenor International I had a strong track-record of career achievement and promotion, and still have the written references to prove it. Indeed just before I had joined Grosvenor, I underwent in depth psychological testing for career development purposes. The Psychologist’s report concludes:

“Mr. Russell presents an extremely high level of verbal intellectual ability which is superior to about 99% of the population” ... “In his interaction with other people, he is likely to be quite supportive”.... “His future course should not be limited by his specialization in accounting and there is little doubt about his ability to adapt to a variety of high level business demands”

Yet, I would apply for thousands of jobs over the years, and would never again have a permanent job in Canada. The day I left Grosvenor, my career had been turned off like a light switch; but I
had no knowledge that this had happened since the defamation was done behind my back and fraudulently concealed from me.

It would be years before a headhunter told me that I had had a big problem with Grosvenor. I know now (years later) that these lies ran through professional firms and headhunters like Price Waterhouse Coopers, The Caldwell Partners, and Korn Ferry, but nobody checked the facts with me. People will do what they think power wants; without being too much bothered by the truth.

The varying lies that ran -- apparently came from “all angles” so that they “had to be believed” (a sure sign of Zersetzen; see multi-sourcing below) -- and falsely portrayed me as a gross incompetent, were all news to me.

I had been blacklisted, and I didn’t know it then. As Victor Santoro wrote in his book Gaslighting:

“The essence of defaming your target with rumors is that it not get back to him”

**Another Executive Blacklisted**

I do know how another executive was character assassinated the year before I left. He was responsible for industrial buildings sales/development

I will call him Mr. X. since the rumor that circulated was that he had been fired because he allegedly asked for a bribe. I first heard when a secretary came out of the Chairman’s office and told several employees. Ten minutes later she told the same employees that they should forget what she had just said about Mr. X as there could be legal implications - but the rumor, of course, could not now be scotched as it had already been set in motion; it was just that the staff now knew to be careful.

I had seen no evidence, and as Controller I needed to know what had happened. So I went to Mr. X’s direct boss and asked if we were going to involve the police. He said no. So I said - if we don’t prosecute, how will the public know what this guy has done; they might hire him thinking he was honest. Mr. X’s boss (who is today a well-known Vancouver lawyer) told me that the Chairman had connections, including intelligence agency connections, and that he would arrange that the facts got out [to the public] without any possible come back on Grosvenor.

A few months later I asked Grosvenor Canada’s then long-serving Treasurer what he thought about the allegations. To my surprise he told me that he thought Mr. X was innocent.

**The Power of the Big Lie**

For the “Big Lie” technique to be successful, there are 4 criteria that need to be met –

- The big lie has to be **colossal** – literally a big lie. As Hitler wrote in Mein Kampf, The Big Lie has to be so "colossal" that no one would believe that someone "could have the impudence to distort the truth so infamously".
Hitler’s logic was that most people are skeptical of small lies, since they themselves tell small lies - but the same people wouldn’t dream of telling a big lie, so they will believe a lie if it’s big enough, provided it isn’t immediately countered.

- Not letting a target become aware of the rumors is also necessary. As Victor Santoro notes in his book, *Gaslighting* - “The essence of defaming your target with rumors is that it not get back to him” - (i.e. fraudulent concealment)

- The big lie has to be professionally spread (multi-sourced) – so that it comes from all angles and therefore has to be believed. Academic Stephen Dorril in his book “MI6” writes that MI6’s IOPS section uses tactics they call “surfacing” (untruthful rumors) and “double sourcing” (i.e. multi-sourced rumors) so that damaging lies are spread about their target victim from all directions. Dorril says that MI6 has covert agents working undercover as bank executives, in accounting firms, and the press to spread their lies.

- The big lie has to be confusing – like sticking jelly to a tree it must be difficult to get a handle on details and therefore difficult to disprove. Anna Funder in her book “Stasiland” reports that Zersetzen includes “targeted spreading of rumors about particular persons” (i.e. multi-sourcing) and “creating confusion over facts”.

Smearing takes two forms. Often the SMEAR is a complete and outright lie; occasionally there is a smattering of truth - but it’s a molehill built into a mountain. Smearing is always in the tradition of Mein Kampf using the Big Lie Technique.

The blackening of reputation has taken effect. One top headhunter told me – I’m 95% sure you are telling the truth; but how could I take the risk of recommending you to a client unless I was 100% sure.

**Kompromat – What other SMEARS are spread?**

Other derogatory rumors can also permeate the community. Some victims have had completely untruthful rumors of pedophilia, rape; racism, narcotic drug use; alcoholism; fraud, mental illness, etc. float around behind their backs. We are just copying the STASI again who even had a name for these types of smears - KOMPROMAT

For example, former UK Ambassador and Whistleblower, Craig Murray, recounts how he was himself wrongly “accused [subsequently cleared] of sexual offences”. He goes on to recount how another FCO whistleblower, James Cameron, also had false sexual allegations thrown at him that as Craig Murray writes “were identical even in wording to those the FCO initially threw at me”. Just recently I have myself had a nasty and absurd sexual allegation thrown at me.

**A second Big Lie** that seems to have spread years later was that I had some sort of an association with an international drug dealer. Nothing specific; just a rumor initially told to me by two London head-hunters (possibly doing me a favor in telling me) who work for an offshoot of Egon Zehnder. I went to the Police, asked them to talk to the head-hunters, and then trace the lie back to its source. The police did nothing, but this lie dropped.
The third Big Lie that was spread around is that it’s all a hoax, but that I genuinely believe it because I am a nut – and they used a crooked Judge to lend a false appearance of credibility to this smear. Look at pages 36 to 37 for the details. This particular smear was a well-known “Zersetzen” technique used by the Stasi when their other lies ran out of steam.

Indeed Zersetzen is deliberately designed to mimic the sort of situations that a paranoid would complain about - It’s a Psy-ops operation. Here is an example of a well-known Psy-ops operation: The Manson family during their "creepy crawler" burglaries of the late 1960s, would enter homes and steal nothing, but would rearrange furniture to upset and confuse residents. Stephen Knight writes in his book “The Brotherhood” -- “By setting up a situation that most people will think of as fantasy, these people can poison every part of a person's life”.

Dr. L. Dove reports that targets of Zersetzen will be -- “accused of paranoia as a part of the actions taken against them by the security services”.

Why? Well, such false accusations can provide a “reason” why the target’s complaints are being ignored (i.e. he is a nut) and (2) ultimately if he complains too much the intelligence agencies can have him certified insane and locked up; thus bypassing the standard legal procedures for establishing guilt or innocence, and allowing political incarceration without trial.

All I can say is read this Research Paper. You will note that there are independent eyewitnesses to some of the threats, recordings of telephone death threats in police hands, and considerable 3rd party documentary proof of the cover-up.

US Custom’s whistleblower Ms. Nunn is quoted in the book Bordergate saying - “Government attempted to paint Ms. Fitzgerald and I as crazy nuts”. And then there is the award winning investigative reporter, Denis Lahane, whom MI5 got wrongly locked up in a lunatic asylum (page 7, item 3). Nobel Laureate Alexander Solzhenitsyn commented on our use of this “East Block” technique to label opponents as nuts -- “The incarceration of free thinking healthy people in madhouses is spiritual murder; it is a variation of the gas chamber”.

**The Litmus Test**

So how do you tell the difference between genuine victims of Zersetzen and nuts? Well, for a start nuts don’t have witnesses; but genuine victims often do.

The Litmus Test that I apply is this: Genuine victims will usually have some corroborative evidence - eye witness testimony, recordings of threats, property damage, etc. - to back up some of the incidents. They will have tried to get the matter investigated and will also have evidence of a cover-up.

Look at Chapter 4 page 14 of this paper - where multiple incidents of Zersetzen Threats are described. I selected these particular threats because 90% of them have an independent source of corroboration for verification purposes; in some cases several sources - independent 3rd party eye-witnesses, evidence of property damage, threats recorded, etc.

But it’s not just the act; it’s the cover-up that pins them. The very existence of a cover-up is itself an admission of some level of guilt. Look at Chapter 6 on page 30 for evidence of the cover-up.
up conspiracy to pervert justice. The evidence is overwhelming and you can even check out some of this evidence for yourself.

**Smears Coming from All Angles**

As other targets have noted - the slanders have one thing in common: they are all Big Lies, rather than small ones, and follow the formula described, above, under the caption “The Power of the Big Lie”. But, Zersetzen is also about **Intimidation, Harassment and Threats** so that many target victims are scared to speak out in their own defense.

Of course over 25 years, the lies about me have varied to meet differing circumstances. Saying that a guy is grossly incompetent will destroy his career, but can’t excuse not investigating the well-witnessed criminal offences that have been reported - so other smears are eventually needed as well.

The various differing smears are separated over several years. But put all the smears together as if they had all happened at the same time, then rumours have been spread that wrongly paint me as -- a **grossly incompetent employee, who has had some relationship with the drug trade, is a deranged suicidal maniac and a sexual deviant to boot**.

There is not an iota of truth to any of it. It’s all manufactured lies. Yet people think: where there is smoke there must be fire. Other long term targets of Zersetzen report the same thing - multiple untruthful smears from all angles. Since the target victim is usually the last to know, there may well be other smears that I haven’t heard. A journalist summed up this professionally done defamation process so well when he wrote:

“**It's about manipulating people or groups of people by typical STASI methods (hearsay, gossip, lies, spreading rumors about someone … the list goes on)**.”

After a while one does not need a specific Big Lie to do the damage, since the SMEARS are now coming from all angles.

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*As a former MI6 Officer said – “spooks excel at the lying game”*
Chapter 6: Cover-up Conspiracy – to Pervert the Course of Justice

I would argue that Cover-up in itself is an admission of guilt – As often is the case it’s not so much the act, it’s the cover-up that pins them. Lack of protection from the authorities is nearly always related to corruption.

This Chapter describes the cover-up conspiracy in Canada and the UK. The purpose of the cover-up is to pervert the course of justice by ensuring that there is no investigation, as two governments are scared as to where an investigation might lead.

Files showing documentary proof of cover-up are linked to this Chapter. Click on their URLs and see cover-up for yourself.

- The intent of the cover-up conspiracy is to pervert the course of justice by overriding Rule of Law in Canada and the UK.
- The cover-up conspiracy is 100% verifiable from 3rd party evidence alone.
- The cover-up is itself a Zersetzen threat since the State is saying your abusers are above the Law (MI5 / MI6 in UK; CSIS in Canada).

Two Governments are involved because the Zersetzen started in Canada. I fled to the UK in 2001 thinking I could run away from it - only to have the Zersetzen continue in the UK. In 2006 I returned to Canada, and the Zersetzen threats returned with me.

Ostrich Syndrome & Willful Blindness

These crimes have been reported in two countries to Manchester Police, Calgary Police and others – the UK’s Independent Police Complaints Commission (IPCC); Canada’s Security Intelligence Review Committee (SIRC) and 2 other police review bodies – The Crown Prosecutor in UK – 6 Cabinet Ministers – by myself to a key assistant of Canada’s Prime Minister Stephen Harper, and by a Member of Parliament to then UK Prime Minister Tony Blair. All investigations were stopped; at least 3 originally tried to honestly investigate before they were stopped.

A UK MP summed it up back in 2007 when he wrote me “As you are aware the Government have not been at all helpful in all the enquiries made on our behalf”.

In some cases specific lies stand out, proving involvement in the cover-up conspiracy -- But, in most cases, it’s just buck passing (ostrich disease) but so much of it. Extensive buck passing (ostrich disease) is cover-up.

The System Seizes Up

With respect to the issue of Zersetzen, the Justice / Law Enforcement System has seized up in two countries. In each case those involved had a duty to maintain the law; yet have done anything but!!!
The intelligence/security agencies are a law unto themselves; they and the elites they serve operate with impunity above the law in Canada and the UK. Police cannot operate without political support where intelligence agencies are involved, and politicians are scared of their own intelligence / security apparatus.

The cover up is very extensive; some of the other items of cover-up are summarized on pages 5 to 8 of the “Aid Memoir” Document - Below are just five examples. There are many more

Security Intelligence Review Committee (SIRC)
Canada’s Spy Watchdog Covers-it-up

Over the summer/fall of 2011 I complained formally to the Security Intelligence Review Committee (SIRC) about Canada’s Spy Agency’s (CSIS - Canadian Security Intelligence Service) illegal campaign of Intimidation, Harassment and Threats against myself and my wife.

The Canadian mainstream media has reported that CSIS, though officially in denial, actually calls its illegal Zersetzen programs “D & D” (Disrupt & Discredit) or “Vigorous Harassment”. Yes, they have a name for what they pretend doesn’t exist. Indeed a former senior Canadian intelligence analyst has written articles on the subject. On page 8, items 6, 7, and 8 of this report are several precedents where others have complained about CSIS’s illegal use of Stasi-style harassment.

Yet amazingly, despite all the other precedents to the contrary, the SIRC dismissed my complaint in October 2011 on the grounds that CSIS would not do such things.

As others have found, the SIRC simply whitewashed CSIS without investigating at all, or checking with a single witness – Indeed we were being intimidated just for complaining about CSIS to the SIRC; 13 intimidating incidents of which 9 have 3rd party corroborative evidence to back up my own testimony.

Back in 2005, as outlined in this paper (page 32) I had been intimidated by the UK’s MI5 for making similar well-witnessed complaints about them to then UK Cabinet Minister - Hazel Blears - who had oversight of MI5. MI5 trained CSIS 25 years ago; it seems that CSIS still follows their training when it comes to harassing complainants.

It is not clear that any of the SIRC’s Committee Members had had any significant experience of intelligence / security matters, or its oversight, prior to their appointment. The media has reported that their then Chair, Dr. Porter, also served as Ambassador Plenipotentiary for the Sierra Leone President while having access to Canada’s intelligence secrets. I am of the opinion that the SIRC rubber stamps CSIS on major issues.

A month later in November 2011, the SIRC’s Chairman, Arthur Porter, resigned amidst another scandal. At the time of writing this (August 4, 2013), former SIRC Chair Dr. Porter is in prison in Panama awaiting extradition to Canada where he faces multiple charges that include allegations of bribe taking, money laundering and conspiracy.

http://lobster-magazine.co.uk/free/lobster65/lob65-canadian-spy-agency.pdf
The following URL includes my submissions to the SIRC and is organized so as to tell the story by itself. The intimidation we received for contacting the SIRC is on page 5 ~


UK Cover-up – Cabinet Minister Hazel Blears

This narrative below proves cover-up in the UK. It is a chronological story entirely based on letters to and from Cabinet Ministers, Police, IPCC etc. in the UK between 2004 and 2006. It’s their letters - and their replies to my letters - that tell the story of cover-up.

Hazel Blears was the Minister responsible for the UK’s intelligence/security agency "MI5" and Special Branch Policing. She was close to Prime Minister Blair and also served as his Party’s Chairwoman.

You can check any items back to the letters they summarize. These letters (on PDF files) can be viewed on either of these URLs:


Here is the story that the above letters tell:

On 26th Oct 2004 my wife and I met with PC Bowman of the Didsbury Police and made a complaint regarding four years of criminal intimidation and death threats. We discussed the intimidation, and left Mr. Bowman with written and other evidence relating to our complaint and a covering letter that summarizes it all (see my covering letter to police dated Oct 25th 2004). The following week we returned to the police and were told that they would not investigate since the evidence was circumstantial. We were also told that Mr. Bowman had tried hard to get an investigation approved but had been overruled by a Police Inspector.

I then wrote to the Home Secretary, copying the President ICAEW and my then MP, the Rt. Hon Keith Bradley (my letter dated Nov 6th 2004). Mr. Bradley offered to intervene and approached The Home Secretary personally on my behalf. He was told that the matter was “under investigation” by the Home Office and he told me so in writing (Mr. Bradley’s letters to me dated Nov 24, Dec 6, 2004 & Jan 11, 2005). This lie told to Mr. Bradley by the Home Secretary’s Office was the first Home Office lie, since as subsequent events show the matter was never being investigated at all, but instead was being covered up. Mr. Bradley’s staff continued to chase the Home Office finding, as they told me, great difficulty on this matter. My telephone line was clearly being tapped by the intelligence services – as I was even being intimidated just for pushing this issue with Mr. Bradley’s office on the telephone.

Finally Minister Hazel Blears dismissed my complaint on the untruthful grounds that I had never
been to the police in the first place (Minister Blears letter to Mr. Bradley Mar 16 2005). This was clearly contradictory to the facts, as the Police accept, and to the Home Office’s previously stated position. Nobody bothered to check the accuracy of this untruthful excuse for dismissing my complaint by either calling me or PC Bowman. Ms. Blears letter was dated 16 March 2005 and I was again intimidated on the same day to STOP (stop complaining, further proof of complicity by the Home Office / MI5 in the harassment).

As a follow up, my eldest son in Birmingham was then intimidated with death threats in front of independent witnesses. He reported this to the Kings Norton Police who recorded the threats, took notes, issued a crime number, and began to investigate. The following night a car was smashed into my flat in Manchester. This investigation was also stopped.

Mr. John Leech MP then passed a letter headed “Death Threats & Serious Criminal Intimidation – Minister Hazel Blears MP – Cover up by the Home Office” (letter dated June 15 2005) onto the Prime Minister. Mr. Leech confirmed by letter to me (dated 25 July 2005) that the Prime Minister had now received the letter. Minister Blears replied on behalf of the Prime Minister on July 12 2005 to John Leech MP with the same old canard – she said that I had never been to the police, and she ducked the questions in Mr. Leech’s letter relating to the cover up conspiracy.

In the meanwhile (August 2005) Mr. John Leech MP personally contacted the Didsbury, Manchester Police and confirmed that I had in fact met with them. Indeed I subsequently confirmed this at a more recent meeting, and that the Police still have in their possession the detailed 57-page typewritten complaint that my wife and I had handed them back on 26th October 2004.

Meanwhile my eldest son (in Birmingham) is now getting threatened with a helicopter hovering low over his house in the middle of the night and shining a spotlight on his bedroom window. The reason the intelligence services (MI5 / MI6) are concerned about him is that he was intimidated in front of independent witnesses and the death threats are also recorded.

On 8th Nov 2005, Mr. John Leech MP forwarded to the Home Secretary a letter drafted by me on Oct 14th 2005 that is headed “RTM Russell – Intimidation & Death Threats/Cover up in the Home Office / Letter to the Prime Minister/ Minister Hazel Blears / Gross Abuse of my Human Rights”. Minister Blears’ reply of 18 November 2005 now stated that I had actually reported these incidents to the police in the first place, and that they had investigated them. Please note that the Minister is now for the 1st time admitting that I had gone to the police a year earlier, whereas previously Minister Blears was stating that I had never gone to the police at all. However she is now introducing a new lie, stating that the police had in fact investigated whereas previously she (and the police) had agreed that no investigation had taken place. Indeed the Home Office had known for a year that the purpose of my complaint to the Home Office was that the police had never been allowed to investigate.

Cabinet Minister Hazel Blears (on letters she sent to Messrs. Bradley & Leech MP) was also now stating that my complaint was a civil matter. This despite the fact that, in the letters she was replying to, serious criminal offences were described – death threat calls, vehicles driven at me, intimidation of my daughter and eldest son, myself shot with a pellet fired from a gun, laser attacks, prowlers. Minister Blears is a lawyer. Lawyers surely know the difference between civil and criminal law.
One may be interested in discovering which of the alternative written statements from the Home Office / Minister Hazel Blears is the truth; since their written positions all contradict each other. I am sorry to say that the answer is that they are all lies.

So far in date order of events, the record of correspondence from the Home Office/Minister Hazel Blears can be summarized as follows:

------------  Their letters stated---------------------------------------------
26/10/04 – re Police -- Russell did meet Police / Police did not investigate
06/12/04 – from Home Office – / HO is investigating
16/03/05 – From Minister Blears – Russell did not meet police HO is not investigating & police did not investigate.
12/07/05 – From Minister Blears – Russell did not meet police / Police did investigate
18/11/05 – From Minister Blears – Russell did meet police / Police did investigate

Note: Same information – 5 different answers – only the first one is true.

On 9th December 2005, Mr. John Leech MP referred the matter to the Independent Police Complaints Commission – Mr. Gavin Forward "Casework Manager”. I added further information by letter to the IPCC on Dec 17 2005. Mr. Forward passed it on to the Manchester Police Internal Affairs and it seems to have been bounced around between various Chief Superintendents and Superintendents and back and forward to the IPCC with nothing happening. Subsequently I received a letter from the IPCC stating that the matter is still being considered – though nobody has actually done anything at all (this was only “window dressing” because John Leech MP was pushing them).

On the evening of 19th April 2006 I met with Detective Sergeant Mark Hudson in the Didsbury police station and we made a 2 ¾ hour videotape (takes up two tapes) of my evidence. Mr. Hudson took 17 pages of notes and indicated that we would turn it into a statement. Afterwards I advised Sergeant Hudson that he would never be allowed to pursue this as the criminals involved are above the law in England. The Sergeant indicated that they would follow the evidence no matter where it led. Despite a reminder telephone call from me I did not hear from him, or from any other policeman, or from the IPCC again.

After much pressing by Members of Parliament, and after I had returned to Canada, the Police issued a report on 22 June 2007 that was drafted by Detective Chief Inspector H Harrison. The police had not interviewed or contacted a single witness, and had had no personal contact with me since my meeting with Sergeant Hudson on 19 April 2006 (see “The Police Report” as follows)

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The amount of buck-passing from the IPCC, Home Office, and Police shown above is quite amazing - some of it may meet the test for “willful blindness”. But it is worse than that.

Minister Blears letters show her determination not to investigate – Each time we disproved one of her written excuses, she simply came up with another untruthful excuse. I was also being threatened by MI5 to stop me from complaining to her - for details of these threats look on the “Aid Memoir” document page 32.

Repeatedly lying in writing to avoid an investigation, whilst the complainant is being harassed to stop him from complaining - This is clear evidence of a cover-up at Cabinet Minister Level.
UK Police Report

As explained above, my complaint with written details of intimidation, harassment, and threats had initially been filed with the Manchester, UK police in 2004. The investigation was stopped; so eventually I complained to the Independent Police Complaints Commission. Amazingly, after sitting on it for ages and doing nothing, the IPCC passed it back to the same police force I had complained about.

On the evening of 19th April 2006, I met with Detective Sergeant Mark Hudson in the Didsbury, Manchester, UK police station and we made a 2 ¾ hour videotape (takes up two tapes) of my evidence. Mr. Hudson took 17 pages of notes and indicated that we would turn it into a statement. Afterwards I advised Sergeant Hudson that he would never be allowed to pursue this as the criminals involved are above the law in England. The Sergeant indicated that they would follow the evidence no matter where it led. Despite a reminder telephone call from me I did not hear from him, or from any other policeman, or from the IPCC again, until Chief Inspector Harrison emailed me 15 months later on June 22 2007 - by which time I was back in Canada..

On that date a Police Report was issued in the name of Detective Chief Inspector H Harrison (whom I have never met, or had any previous contact with). The detectives I have had contact with did not write or sign the report. The report accepts that some intimidation has taken place, but is otherwise inconclusive.

The Police Report and my comments are available. There are considerable and easily proven irregularities in the report – the police simply weren’t allowed to investigate properly. Part of my complaint related to the cover-up by Hazel Blears who had Ministerial responsibility for Special Branch Policing and MI5 in the Blair Government.

As the report shows, not one single witness was contacted by the police in 18 months of pretend investigation and my computer (there had been considerable destructive downloads sent) was never examined by them. How can one investigate properly if one doesn’t contact any witnesses?

According to the police report, the only person (other than myself) interviewed by the police was the Group CEO of Grosvenor, who denied involvement (I had never accused him personally).

As the report shows, the police misrepresented my complaint to minimize it. 95% of the complaint that was made to the police is not referred to in their report, including most of the intimidation and all of the cover up evidence (to protect Cabinet Ministers – Hazel Blears?). This extreme misrepresentation of my complaint is provable, as my complaint is detailed on the videotape that I made with Detective Sergeant Hudson, and also in my correspondence with Police, the "Home Office" and the IPCC. How can one investigate properly if one avoids 95% of the complaint?

Click here to view the Manchester Police Report. The police were not allowed to investigate properly - and that's cover-up

http://tinyurl.com/ZersetzenMancPoliceCover-up or

http://publish.indymedia.org/media/2008/04//905427.pdf
The Crooked English Judge – An MI5 smear campaign

Deputy District Judge Jones, Manchester County Court. Case # 6MAO2655; Appeal # M6X086

Ultimately they took the opportunity of a debt issue, that I have, to get a part-time Judge to dishonestly question my sanity, presumably so they could quote it (to lend an appearance of credibility to an MI5 deception campaign); see “Chapter 5 (page 28) for other examples of this smear campaign. It is not the debt issue that is important, but the Judge’s dishonest smear tactics.

After I had reported the intimidation to the police and had heard from a Minister that an investigation was in progress, I thought my problems were over and borrowed some money to get myself back on my feet. When the government cover up started and it was clear that my problems were not over, I stopped servicing the debt, advised the bank, explaining the issue in writing, and they went along with me. On December 17th 2005 I provided additional evidence to the IPCC (Independent Police Complaints Commission) that shows intelligence agency involvement in the threats and cover up. Immediately the bank foreclosed on the loan (too close in date to be coincidental). I decided to defend my position, pleading the legal defense of the common law doctrine of frustration of contract, citing threats and cover-up by the civil authority as reasons.

The Judge adjourned the 1st hearing (5/6/06) after noting that defense evidence filed in court had disappeared. So far quite fair. But it changed in the 2nd hearing (2/8/06). The Judge moved quickly to judgment without examining the evidence at all (stating “I’m not going to let you have a soapbox”). He accused me at length in the Judgment of having a mental issue (this accusation was never made in the actual hearings).

To view a transcript of one of the recorded telephone threats, click on

http://tinyurl.com/ExamplesZersetzenThreats or

http://publish.indymedia.org/media/2008/04//905426.pdf

Objecting to this dishonest move by the judge, I then interrupted the Judgment, telling the Judge as the approved court transcript shows:

“This is disgraceful. That’s an outrageous suggestion. You should be ashamed. There’s recorded evidence of death threats in police hands. You haven’t checked with the witnesses. This is a legal lynching”

It should not be thought that the judge made an honest mistake because of the unusual nature of my defense (intimidation and government cover up). He was aware of other unusual things such as defense evidence disappearing from his own Court Papers.

As the court transcript also shows, the judge had:

1. Refused to call a single witness, and some of the threats are recorded.
2. Refused to examine a letter written 5 days (28/7/06) before the 2nd hearing proving that a
Police Chief Superintendent was taking my complaint seriously.

3. Refused to review the documentary evidence, primarily letters from Cabinet Minister Hazel Blears, in the hearing that prove the cover up – the evidence he agreed had disappeared from his court papers.

4. The Judge was unable to explain why this defense evidence had disappeared from the court only to reappear after I made a written complaint to him – evidence he then refused to look at, or discuss.

5. The Judge refused to examine a letter, dated 19/04/2005, from “Chris Elliott” Managing Editor of the Guardian accepting that earlier copies of this evidence had disappeared from the Guardian’s secure offices. That key documentary evidence disappeared twice should have put an honest judge on guard that evidence was being tampered with (by MI5).

**MI5/6 had fixed the Judge** to lend credibility to a misinformation campaign to smear me with rumors of madness (presumably the Judge’s handlers wanted it in the Judgment so they could quote it to others). As MI5 / MI6 do not want this shocking evidence of Zersetzen torture coming out in open court, they resort to SMEARS (Chapter 5, page 28)

As Dr. L. Dove reports, victims of Zersetzen in the UK will “be accused of paranoia as a part of the actions taken against them by the security services”. See page 7, item 3 for a summary of how MI5 got award winning journalist Denis Lehane wrongly certified and locked in a mental hospital.

What is the other evidence available?

The Approved Court Transcript of the hearings is available, as are all the written submissions and evidence submitted by me to the Court (and receipted by the court as having been submitted). As I told the Judge after the hearing, in presence of Plaintiff’s Council, this was a fix (to lend credibility to an MI5 smear campaign).

*Copies of all Court submissions and documents are available for inspection by seriously interested parties. They are on pdf files and constitute about 200 pages.*

“*Get your man involved in something legal - it need not be serious - and you have him*”

*Stephen Knight “The Brotherhood” page 147*
The Canadian Cover-up – Prime Minister Harper

The Zersetzen (i.e. slander, intimidation, harassment, threats) started in Vancouver, Canada. I fled to the UK only to have it continue on there. In summer 2006 my daughter was threatened, in connection with the Zersetzen, while walking under the 8th Street Bridge in downtown Calgary, Canada. The police had initially determined, from his modus operandi, that her assailant had had operational intelligence training. So my brother-in-law contacted local politicians only to find that the whole thing now went into the usual cover-up mode. I was still in the UK.

When I returned to Canada I contacted Prime Minister Stephen Harper by letter asking for his assistance since the cover-up had clearly reached political levels in Canada. It is clearly a systemic problem throughout Government that goes to very high levels (CSIS with Zersetzen; Government with its cover-up; the override of Rule of Law) and that is why it was necessary and appropriate to bring it to the direct attention of our head of Government, Prime Minister Harper.

I had contacted Mr. Harper by writing to him at the PMO. I never received a reply. So I wrote again to the PMO, this time copying Mr. Harper’s constituency office - who also passed it on to the PMO. Once again, there was no reply. Meanwhile, because I had contacted the Prime Minister, I was getting harassed (see pages 18 & 23).

On Feb 28th 2008 I was emailed from an MP’s Office and advised that I would finally receive a response from the Prime Minister’s Office - I never did receive the promised response.

So I went to the Prime Minister’s constituency office in Calgary and met with his Office Manager, Ms. Sandra Fraas, and handed over a letter from me addressed to the Prime Minister. I explained the situation and she agreed to see that my letter got personally to him, and not just the PMO. On July 10 2008 Sandra called me and left a message telling me I hadn’t received a reply because “Ottawa is just slow”. As of Feb 2012 (nearly 4 years later) I still haven’t received a reply.

These intermediaries were I think very surprised that this contact did not result in an honest investigation, as am I. Indeed I had also written Mr. Harper’s predecessor, Mr. Preston Manning, asking for his assistance in contacting Mr. Harper. Mr. Manning’s assistant told my daughter that we had put him “on the spot”. In my opinion Mr. Harper is either being seriously badly misled by his subordinates, in the PMO or Privy Council Office, or he himself is supporting the cover-up to pervert justice. Either way, there seems to be a heedless unconcern for any form of justice.

Copies of all the correspondence are available for inspection by seriously interested parties.

“Eternal vigilance is the price of democracy”
Thomas Jefferson

“It is necessary only for the good man to do nothing for evil to triumph”
Edmund Burke
Chapter 7: Zersetzen – a Defined Human Rights Abuse

Zersetzen is torture and as such is a severe abuse of human rights.

It is a breach of the UN Convention on Human Rights, of The EU Code, and of most countries own human rights laws.

Both through the involvement of MI5, MI6, CSIS in carrying out the crimes, and in their cover-up conspiracies, the Governments of the UK and Canada are practicing torture.

The Zersetzen formula used follows these steps – First to slander; Then to intimidate, threaten and harass; Then to cover it up by ensuring no investigation takes place; Then to say you are nuts when you complain about the cover-up.

Zersetzen is an ongoing intelligence agency campaign of defamation designed to render one unemployable and impoverished; followed by a campaign of harassment -- a car rammed into my house, computers wrecked, threatening phone-calls to my children, surveillance, death threats, shots fired, phone taps, a huge government cover-up ... and lots more, much of it witnessed by third parties.

Zersetzen goes by various names: D&D (Disrupt & Discredit); Cointelpro; Vigorous Harassment, No-Touch Torture; Zersetzung or Zerzetzen - Call it what you like, it fully meets the criteria for torture (see “Definitions of torture” below).

By definition - “Torture means any act or omission by which pain or suffering, whether physical or mental, is intentionally inflicted on a person” One severe act such as threatening ones family members is usually enough to demonstrate mental torture, though usually there is a pattern. We have had both – many times over.

Definitions of Torture

The UN Convention against Torture defines torture as – “torture means any act by which severe pain or suffering, whether physical or mental, is intentionally inflicted on a person for such purposes as ...intimidating or coercing him or a third person ... when such pain or suffering is inflicted by or at the instigation of or with the consent or acquiescence of a public official.”

Inter-American Convention to Prevent and Punish Torture, ratified by 17 nations of the Americas, defines torture more expansively than the UN Convention Against Torture – “Torture shall be understood to be any act intentionally performed whereby physical or mental pain or suffering is inflicted on a person for ... a means of intimidation ... as a preventive measure ... or for any other purpose.

Boston Center for Refugee Health and Human Rights – “Direct threats to him/her or to a relative are by far the most common form of torture.” – And we have had plenty of this.
Review Chapter 5 page 25 for the “Big Lie” defamation program; Chapter 4 page 14 for examples of threats and harassment; Chapter 6 page 30 for the cover-up conspiracy and one can see that the “Zersetzen” program clearly fits within the definition of torture as it was designed to do.

Some people enjoy being closet Nazis as long as they don’t get called as such in public; it gives them the sense of power that bullies and cowards like

Why did the Zersetzen Start?

I had been Group Controller at Grosvenor International Holdings based at its then Head Office in Vancouver, Canada. I had decided to further my career outside Grosvenor as there were a couple of things I was not comfortable with. I knew that other leavers had been defamed and did not think it possible to job search without Grosvenor knowing (the MI6 relationship). So I gave the company six months’ notice, giving myself time to look around openly, and worked like a Trojan to ensure the smoothest possible transition. I had done an excellent job for Grosvenor International, and had an excellent career track record before joining Grosvenor. During the notice period, I was twice asked by Grosvenor to reconsider my resignation, and had refused to do so. I expected the job search to be smooth since I had been courted by head-hunters in the past – in fact I had already been blacklisted.

So why did it start?

One human resources expert suggested that it may have been that Grosvenor International saw my leaving to be a rejection of them, and decided to reject me. Indeed, I was once told by the Chairman that Grosvenor was a job for life, and that nobody with ability left. Certainly I had heard derogatory comments about other leavers both before and after I left. Whatever it was, as a senior executive later suggested to me, given the influence of Grosvenor, it probably only took a 30 second phone call to get the process started, so they didn’t even think much about it.

WHAT MI5/6 & CSIS INTEND ZERSETZEN TO ACHIEVE -- Seizures - Suicide - Murder

TAKE THE CASE OF MARK HIGSON – the former UK diplomat and whistle-blower, a victim of Zersetzen torture whom the intelligence services persecuted for years. Mark died from an accident caused by severe epilepsy, which was brought on as a result of his persecution. There are many other examples of severe conditions, such as Mark suffered, that are a common development for those who are persecuted with Zersetzen and epilepsy is only one of the effects that MI5/MI6 & CSIS try to induce in their victims.

As the Stasi reported, Zersetzen (or Zersetzung) is designed to cause “prolonged and severe suffering”. So it should be no surprise that some victims of this torture experience seizures. Many other victims eventually commit suicide which MI5/6 & CSIS intend to happen (there is written documentary evidence of suicides caused by Zersetzen).

On occasion victims of “Zersetzen” are killed; but usually their murder is disguised as an accident.
Chapter 8: Neutering our Human Rights Industry - Amnesty International, the Guardian

A truly free press is one of the essential pillars of democracy.

Without a free press it is hard to see how real democracy can function. Human Rights organizations that can stand against the power of government and the establishment are equally important for democracy.

What this Paper shows is that when the high establishment pulls their chain it doesn't take much for our human rights institutions to throw every concept of rule of law and democracy to the wind.

This Paper is about the use by our intelligence agencies of STASI developed no-touch torture techniques (Zersetzen); yet what is interesting is the absence of the human rights industry.

Consider the following:

The Guardian

On March 23 2005 I went to The Guardian in Manchester, UK in person and arranged to meet with a trainee journalist, Mark Smith, the following day (March 24 2005). Nobody except my wife and I and The Guardian knew we had visited their office since we were very discreet. I described how my family is being illegally persecuted (Zersetzen) by MI5/MI6, and handed over documentary evidence proving that a UK Cabinet Minister was covering it up. Mr. Smith advised that he would brief a more senior journalist (Helen Carter) and pass my documentation on to her.

Threatened for visiting The Guardian ~

Returning home on March 24 from The Guardian’s Office my wife and I were threatened in the name of His Royal Highness. A week later my eldest son (then in Birmingham, UK) received a series of very nasty telephone death threats (April 1-2 2005), which he recorded (police crime number 20/E2/3302/05); that same night my wife was woken by the cell ringing - with two weird text messages. 24 hours later a vehicle was smashed into my house in Manchester (April 2 2005). Meanwhile my documentation disappeared from The Guardian’s secure office. I subsequently met with their then Northern Correspondent, David Ward. He told me that he would recommend to his Editor that an investigative journalist be put on the case. The Editor turned him down

What corroborates: The telephone threats were recorded, the property damage had dozens of witnesses, and the Guardian’s Editor apologized in writing (April 19, 05) for having lost my documentation (that journalist Mark Smith had handed on to Helen Carter). A transcript of the recorded death threats is on the Internet. What the Guardian “lost” was letters that prove that then UK Cabinet Minister Hazel Blears, who had political oversight of MI5, was trying to cover up my case. A year later I filed copies of this same documentation with a Court in Manchester, and it disappeared again for the second time.
In 2011 these facts were emailed to the Guardian’s Editor-in-Chief Alan Rusbridger. He has chosen not to comment. However, attached is a letter dated 19/4/05 from the Guardian’s former Managing Editor confirming the disappearance of my documentation. To view, click below:

The Guardian File.pdf or

Threatened again for telling the Washington Post about my 2005 “The Guardian” incidents ~

On March 4/5th 2011, 6 years later, I corresponded by email with Jeff Stein of the Washington Post about my “The Guardian” story. I was now living in Calgary, Canada.

The following day, at 12:05 on Sunday 6 March 2011, I was walking down 30 Avenue near the corner with 14th Street SW. Two hoods skidded across the road deliberately and dangerously in a truck just as I walked past them. They then got out of the truck. When I questioned the larger of the two guys (6’ 4” plus) about his dangerous driving asking if it was deliberate and aimed at me, he started swearing and got very threatening. I was told that I “don’t know my place”.

Is our Media Censored by Elites?

Chomsky explains that the Media (and I would also add in Human Rights Organizations) will follow the Establishment Line wherever Establishment Elites have a broad consensus - and that a small highly placed group of elites forms a consensus on its own, if there is no opposition from anybody powerful.

Former Sunday Times Editor Harold Evans further explains this apparent censorship in his book “the paper chase” saying that, when it comes to the establishment, the UK Press, which he describes as being only “half-free”, has a history of Reservatio Mentalis (closing one’s mind to inconvenient truths) “to make obedience easier”.

It has been suggested that the intelligence services have penetrated the press and my experience with the Guardian suggests to me that this is true.

The real dab hands at censoring in the UK and Canada are MI5/6 and CSIS. In British Journalism Review Vol. 11, No. 2, 2000, Mr. David Leigh of the Guardian wrote - “journalists are being manipulated by the secret intelligence agencies, and I think we ought to try and put a stop to it.”

Indeed the example of the persecution of Denis Lehane (see page 7, item 3) suggests just quite how strong this censorship is. Mr. Lehane had been an award-winning investigative reporter; yet the press couldn’t even protect one of their own from proven persecution by MI5. When top journalist “Philip Knightley” – twice winner of the UK Journalist of the Year Award – penned an article about Denis Lehane’s shocking experiences, he couldn’t get any mainstream UK
newspaper to publish it. And so the informal press censorship goes on. Why is the press so fearful of the intelligence agencies?

In 2002, the Guardian reported on famous publicist Max Clifford, under the headline: “Journalism is bloody horrible”, quoting him as saying -- “I censor things as well”… “For every story I break, I stop a dozen” … “I’m good at covering up anything I don’t want people to know”. One is left with the impression that the Media is too easily censored.

Amnesty International (Canada)

Amnesty International in Canada were contacted in 2006 by 4 (yes, four) witnesses and made no attempt to investigate, even though some of their activists were bothered by Amnesty’s cowardice. They made no attempt to meet with me or contact any of the witnesses, check any of the evidence or do anything whatsoever.

Willfully blind, their avoidance of this issue was amazing – right from the start, AI stuck its head in the sand like an ostrich and refused to talk to anybody, check with any of the witnesses, or look at any of the documentary evidence.

As I told AI, it is clear that they will not look at any issue where the potential wrongdoers are the high Establishment - too close to their main funding sources perhaps.

Yet my experience is not unique - others have reported similar failures from the human rights industry. In 1993 Pierre Sane then Secretary-General of Amnesty said that –

“Governments are prepared to go to great lengths to cover up their crimes…. So, they set up phony human rights institutions”.

Another sad reflection on AI was made by former Amnesty International Board member, Francis Boyle, when he stated –

“Amnesty International is primarily motivated not by human rights but by publicity. Second comes money. Third comes getting more members. Fourth, internal turf battles. And then finally, human rights”

But Amnesty is not alone. Here is another example showing where Canada’s Spy Agency (CSIS) frightened off one of our Human Rights agencies (CHRC) on my issue.

Canada’s Spy Agency (CSIS) interferes with the Canadian Human Rights Commission (CHRC)

On the advice of a Human Rights activist, I wrote to the Canadian Human Rights Commission (CHRC) bringing my complaint against CSIS (Canada’s Spy Agency) to their attention. They phoned me at home on 11/8/2008 to discuss the case. I was not in and so their lady arranged with my wife that she would call back early that afternoon to talk to me. Her line number was 780.495.8680. She did not call back as she had arranged. Indeed I left innumerable messages and she never returned any of my calls. She had been frightened off our case. What had
happened after that call to my wife that morning that caused her not to call back as she had wanted to do? Had CSIS, who tap my phones, contacted the CHRC and scared them off?

**Threatened for reporting on Craig Murray blog about Spy Agency CSIS’s interference with CHRC ~.**

On March 4, 2010 I posted this example of CSIS interfering with a human rights agency on former Ambassador Craig Murray’s blog. Later that afternoon my wife and I were both intimidated in Calgary.

**Is Zersetzen too unfashionable for the Human Rights Industry?**

It does seem that the big battalions in our human rights industry divide torture into two categories:

1. **Fashionable torture**, which they slaver over with righteous indignation, and
2. **Unfashionable torture** that they ignore completely.

Of course the AI’s of this world do some excellent work. It is after all fashionable to fight the CIA and others on War on Terror, Rendition, Guantanamo, Torture in the 3rd World, etc. …. and issues like Burma and China offend no one in the West and are excellent for fund raising. Besides they are far away and there is little risk.

The fashionable abuses are those that are good for fund raising and risk free - since the problem is usually thousands of miles away. But it is unusual to find our human rights industry target our own intelligence services at home (MI5/6 & CSIS) to any great degree; particularly where establishment elites are involved.

Of course this does not suggest that these organizations are necessarily false flag operations. Indeed, according to Dr. Dove’s “The Torture Report” one (human rights) organization in the UK complained of being targeted by the British security services. This kind of harassment, plus the certain loss of government funding, is intended to keep human rights organizations ‘in line’.

**A sad reflection on our Human Rights Industry!!**

To be successful, ZERSETZEN requires an OMERTA (silence) from the Press and Human Rights Agencies, so that the victim has no help.

“Deference to the Authorities” (toadying) is such a powerful practice today, that human rights organizations seem to conform to it. That is why in “Don Quixote” style our Human Rights industry tilts at the windmill of fashionable politically correct issues in order to justify their existence. They are scared to deal with human rights issues that relate to their own elites at home.

Recently, a senior fellow with the Hudson Institute, referring to Human Rights Watch complained:

"HRW has decided for many years to refuse to do the hard work of confronting human rights abusers who have powerful friends"
The key is the phrase “powerful friends”. When dealing with their own elites at home, OMERTA and hypocrisy rather than Human Rights becomes the order of the day.

Award winning Journalist Denis Lehane in his book “Unperson, A Life Destroyed” describing his framing and persecution by MI5 / CIA (because he wouldn't spy for them - see page 7, item 3) in his last chapter castigates Amnesty for its lack of help.

Indeed Mr. Lahane describes how he wrote from his prison cell to Amnesty’s then Director General “Pierre Sane” asking for help, only to receive no reply at all even though to quote him “my case fitted squarely into its [Amnesty’s] remit”. Wasn’t it the same Director General who said – “Governments are prepared to go to great lengths to cover up their crimes…. So, they set up phony human rights institutions”.

We need a principled Human Rights Industry; Not the comfortable bureaucracy we have.

Now I don’t say that these Human Rights organizations are all phony; rather that they are very careful to avoid offending powerful interest groups that are close to their funding sources.

Look at pages 7 and 8 of this report for a brief overview of other similar (and proven Zersetzen-style) human rights abuses - none of whom received any help at all from our narrowly focused human rights industry.

Indeed, from a list of people who had similar experiences to my own (zersetzung, cointelpro, vigorous harassment, D&D, no touch torture – call it what you like) I contacted a sample (not scientific) of c. 80 of them - not one of whom had had any help from the human rights industry.

Human Rights are a very political issue. This industry is already segregated between those who have racial, or orientation issues, or are abused foreign dissidents overseas and who sometimes get a little of the help they need, and the rest of us who don’t have any help at all.

There is certainly no help for victims of corrupted power elites (and their security services - MI5 / MI6 & CSIS) in the UK or Canada.

Zersetzen exposes “the intolerant, illiberal, unjust face” of the human rights industry. It is said that charity begins at home -- but not for these guys; only their funding begins at home.

Zersetzen would be impossible if we had an honest (or perhaps courageous is the word) Human Rights Industry.

“It is necessary only for the good man to do nothing for evil to triumph”
Edmund Burke (1729-97)
Consider all the following points together, and look at the large pattern of abuse that they show. Taken together they prove involvement of the intelligence agencies in this Zersetzen. MI5, MI6 and CSIS have no possibility of plausible deniability.

Each point has at least one source (some multiple sources) of corroborative evidence for verification purposes - so they are provable, and don't rely on my testimony alone. Some of the proof is documentary (i.e. letters from Ministers, Review Bodies, Police, etc.); and you can even check out this part for yourself since the letters' URLs are in the body of this report.

1. The Precedents

There is nothing new here: Zersetzen has happened to others before - Look at Chapter 2 on Page 7 to see examples of where these agencies have practiced Zersetzen on other target victims. Google the precedents and check them out for yourself. Zersetzen is not unique to my case. As you can see there are many other targeted victims, with markedly similar experiences, amongst whistleblowers and critiques of certain power elites - Journalists, Businessmen, Diplomats, Police Officers, etc.

Of course they often use different names to describe Zersetzen - Cointelpro, D&D (Disrupt and Discredit), Vigorous Harassment, No touch torture, Zersetzung. Call it what you like, there are multiple precedents proving that MI5/6 and CSIS have illegally used Zersetzen against others.

2. The High Level Cover-up Conspiracy to Pervert Justice

People don't cover-up for no reason - It’s not just the act itself, but the cover-up that pins them.

Governments don't cover-up to protect crime gangs - But governments do cover-up to protect rogue elements in the power elites and in their intelligence/security apparatus from justice.

Review Chapter 6, page 30 for an overview of the cover-up and see the story for yourself, including involvement of Cabinet Ministers. The existence of a government cover-up is evidence of intelligence agency involvement - and the evidence, that proves cover-up at very senior government levels, is overwhelming.

3. Documents Disappear - a Hallmark of MI5

Documentary evidence, proving cover-up, mysteriously disappears from two secure offices – The Guardian, letter from editor confirms; A Judge’s papers, Judge confirms. As reported by the UK press documentation disappearance is a hallmark of MI5.

4. Cabinet Minister Hazel Blears - MI5 / Special Branch
Proven cover-up by Minister Hazel Blears – her UK ministerial responsibilities were the MI5 intelligence/security agency and Special Branch - see page 32 to 34 for details, and to view her letters. As part of the cover-up, her excuses for not investigating all contradicted each other and were proven to be untrue. Besides I was being threatened to try and stop me complaining to her.

5. Threatened in 2011 for reporting Canada’s Spy Agency CSIS to their Review Body - SIRC

Over summer 2011 I formally complained about the involvement of Canada's Spy Agency, CSIS, in these threats only to be intimidated for making the complaint. CSIS would not threaten complainants to their review body (SIRC) unless they knew that the complaint was true.

As I wrote the SIRC, I was being intimidated every time I corresponded with them; much of this intimidation is supported by corroborative evidence - so it’s provable. The linkage between my correspondence with the SIRC and the intimidation is crystal clear. This “linked” intimidation is outlined on a letter I sent the SIRC which can be viewed on page 5 of the file “SIRC - CSIS Complaint”

SIRC-CSIS Complaint.pdf  or  

6. Threatened in 2005 to stop me complaining about MI5 to their Minister - Hazel Blears

As outlined in 4, above, back in 2005 I complained, through the good offices of a UK Member of Parliament, to Ms. Hazel Blears, who had Ministerial oversight of MI5, and who was helping to cover-it-up. Just as in 5 above, while I was complaining confidentially, I was intimidated just for making the complaints. Only Minister Blears and her top officials knew about my complaints - those complaints to Ms. Blears are outlined on pages 32 to 34 of this report; for details of this additional intimidation look at page 32 of the “Aid Memoir” document.

Threatened for reporting the UK’s “MI5” to the Minister in oversight of them, and for reporting Canada’s CSIS to their Review Body (SIRC) – that’s proof of involvement of CSIS & MI5.

7. Intimidation is prolonged, sophisticated and costly

Zersetzen is a highly sophisticated and prolonged slander, intimidation and harassment campaign that fits with the other precedents (see 1, above) where involvement of intelligence agencies is also proven.

Yes, some private companies could do some of this; and may be subcontracted on occasion - though they certainly could not carry out a full Zersetzen campaign on their own. Besides they are all staffed by former Special Branch Police and MI5/6 & CSIS operatives anyway; so they are hardly independent of the intelligence/security agencies.
Estimated cost several million Dollars plus – a hallmark of a taxpayer funded intelligence service. 12 years of Zersetzen threats wherever I go -- threats in West Vancouver, Calgary, London, Aberdeen, Birmingham, Manchester and Yarm. Could a private organization do it? Some of it, but not all of it - it’s too sophisticated. Besides Government Ministers are not going to cover up for crime gangs; and the private sector cost is prohibitive; whereas public sector security/intelligence agencies come free for these Power Elites.

8. The Smear Campaigns - using the Big Lie technique

Smearing and slandering like this is a known hallmark of an intelligence operation. For example, MI6’s dirty tricks department “IOPS” - See Chapter 5, page 25.


4 Government agencies and 2 utility companies in Alberta, Canada have been affected by CSIS illegally messing around with their processes. Some examples are described on pages 23 to 24 of this paper – and the “Aid Memoir” pages 28 to 31 for more detail. It’s not that these problems couldn't occur naturally; it’s their frequency that proves manipulation. At one point we had threats to cut off electricity, our telephone was going haywire, and our medical insurance cancelled for no reason ... all in the same time frame that we were also being harassed out of our apartment.

A well-documented Stasi tactic, designed to “undermine, subvert and corrode” their target victim by causing problem after problem. Highly sophisticated stuff; It proves CSIS involvement as it requires getting inside organizations, and interfering with their procedures and systems without their knowledge

10. Communications Interference

It is routine that targets of the intelligence / security agencies have all of their communications (Mail, Email, Telephone) not only tapped and monitored, but also interfered with. Look on pages 21 and 22 of this Paper under the following categories for details.

Telephone Tapping and Call Interference

Mail & Email Interceptions / Obliteration

This is a sure sign of “official” MI5/6 or CSIS involvement since it requires ongoing cooperation of others - telephone companies, post office, and internet/email providers -- besides it is too complex and international in scope for private organizations to contemplate.

11. Computer Spying, Interference & Intimidation:

See page 22 for details. Several computers destroyed through malware/viruses, or badly damaged; numerous examples of computer spying - keystrokes read, data changed or eliminated; even intimidation using computers (nasty screen messages, etc.).

12. Multiple OTHER areas of proof
Just 3 examples - Death threat caller “Raymond” refers to the security organization – a known pseudonym for MI5; a private eye confirms that MI5 has had a file on me for years (the private eye was frightened off the case); Calgary police identify my daughter's assailant as having had intelligence operational training … the list goes on; and there is so much more … with numerous smaller items pointing to the involvement of MI5 / MI6 in UK and CSIS in Canada

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NOTE - Substantial sources of evidence exist to verify each of the above points. Some of the points are backed by over 200 sources of corroborative evidence for verification.

Taken together these points prove involvement of MI5 / MI6 and CSIS in Zersetzen beyond a reasonable doubt. Indeed it would be impossible for these types of activities to happen without being either conducted or condoned by CSIS in Canada, and MI5/6 in UK.

The highly sophisticated telephone tapping, email interference, mail interceptions are just one ongoing series of events that point clearly to CSIS in Canada, or MI5/6 in the UK, as is the evidence of bureaucratic harassment, the government cover-up and so much else, etc. For example, in Canada these crimes could not happen without being, at the very least, condoned by CSIS since so many other Canadian organizations are involved. Organizations will cooperate with their own intelligence services (CSIS in Canada) since they believe that is the patriotic thing to do; equally they don’t work for foreign services since that is spying with serious consequences.

There can be no prospect of “plausible deniability”- the evidence is just too strong.

Other have said it - CSIS & MI5/ MI6 are out-of-control

Others have said it too - Prolonged Zersetzen must have State involvement. It’s well known that MI5/6 and CSIS are out of control as the following quotes illustrate. Academic Stephen Dorril in his book “MI6” says - “IOPS has a more covert role in planning psychological operations” The existence of IOPS within MI6 was exposed by whistleblower David Shayler - running a ‘spy in every newsroom’. As Hugo Young, former Chief at the Guardian / Observer newspapers said of MI5/MI6 - “They are not afraid to announce their central role in government.” Researchers “Block and Fitzgerald” writing back in 1993 quote an interview with a former intelligence officer in the Irish Times - “High officials in British Intelligence, MI-5 and MI-6, consider their organizations to be above the law.” … and they go on to quote a former British Intelligence officer as saying - “Be clear on one point above all else. The intelligence world is accountable to nobody - not the Prime Minister, not Parliament and not the courts.” But this is not entirely so. The UK press has reported that some in MI5/6 consider their real reporting relationship to be the Monarchy, not the elected Government. Former MI6 officer, Richard Tomlinson said: “There is an arrogant faction in MI6 … which doesn’t try to hide dedication to the royal family” … and goes on to say "I learnt while in MI6 that there was unofficial direct contact between certain senior and influential MI6 officers and senior members of the Royal Household".
CSIS was set up and trained by MI5 and they maintain a very close relationship today. The Canadian press and others have reported CSIS operating “above the law” with Zersetzen, which it calls either “D & D’ or “Vigorous Harassment” - see page 8, items 6, 7, and 8.

Differing Objectives & Lord Denning:

In 1963 Top UK Judge, Lord Denning wrote -“The Security Services are to be used for one purpose, and one purpose only, the defense of the realm …. For it would be intolerable to us to have anything in the nature of a Gestapo or secret police”. My, how times have changed!

An Intelligence Service should be about the quiet collection of information and its analysis; its objective is getting at the truth. Contrast that with a secret police service who are spreaders of lies, harassers, and bullies; their objective is to hide the truth.

This paper is about State intelligence/security agencies who crossed that line to become bully boys for Power Elites.

CSIS & MI5/6 are large organizations, and probably mostly function as intended; but there is a growing segment that is out of control - unpatriotically putting the private interests of certain power elites ahead of the interests of the nation. They are a law unto themselves. Several former senior Canadian and UK Intelligence Operatives have courageously voiced similar concerns.

"Power without responsibility - the prerogative of the harlot throughout the ages"

(Stanley Baldwin)

John Alderson, Former Police Chief – “[MI5] Infiltrate organizations, people’s jobs and lives. They operate almost like a cancer. At the moment the acorn of a STASI has been planted”
Chapter 10: Conclusion

This paper includes a blueprint on Corporate Terrorism and on the use of the Zersetzen Torture Technique in Canada and the UK to break individuals and destroy families.

Zersetzen is a process of character assassination and threats developed by the former East German secret police The “STASI” to persecute dissidents – its purpose is to poison every aspect of a person’s life. Today Zersetzen is being used in the UK by MI5, MI6 and in Canada by CSIS. In typical Stasi-style, the Zersetzen formula is --

First to Slander; Then to Threaten; Then to Cover-Up by Ensuring No Investigation Takes Place; Then to say you are Nuts when you complain about the Cover-Up.

In an article about the torture of a Canadian at the behest of CSIS in the Sudan, The Globe and Mail stated that:

“This case exemplifies how morally confused Canadian authorities have become ... Somehow, human rights have become viewed as an inconvenience, and not as a legal obligation.”

And what about the Press - one doesn't have to go all the way to the 3rd world to find proof of the complicity of CSIS in torture, and of our Government in a systemic cover-up conspiracy.

It is the involvement of the State that turns these crimes into a Human Rights issue, which is why they were brought through intermediaries to the attention of Prime Minister Stephen Harper.

What is it like to be a victim of Zersetzen?

Well imagine this – You did an excellent and honest job for a company, and yet were subjected to career destroying slanders after you left. You then began to get intimidated and harassed and your family is receiving death threats. You are under surveillance and your telephone is being tapped. You know that the owner of the company that slandered you is a very close friend of Prince Charles.

You discover that the intelligence services were behind the slanders and the threats. You went to the Authorities for help, and they covered it up. You are now being threatened for complaining about the cover-up. That’s what has happened to us, and that’s what this paper is about – The Zersetzen torture technique.

A Failure in Political Oversight of the Security / Intelligence Agencies

There are multiple eye-witnesses to support these allegations of threats and cover-up, and before speaking out I made every attempt to go through normal channels - police, politicians.

This quote just says it all:

“Roderick Russell getting precious little help from anywhere, as the Black Dogs of Animal Farm persecute him illegally.”
This is a story of human rights abuses in 2 G8 countries - Canada & UK. Character Assassination, Threats, Intimidation, Harassment, Illegal Surveillance, Telephone Tapping, Stalking and a government cover-up denying justice - that's Zersetzen!! As with most human rights abuses, their governments and power elites are covering it up.

The Stasi-style "Zersetzen" persecution described in this Paper could not happen in a real democracy. Zersetzen can only happen where the intelligence / security agencies are out of control, and where power elites are above the law. Zersetzen is about the failure of effective political oversight of the intelligence / security agencies.

These people have neutered our government, our parliament, and our judiciary.

What does this say about our Democracy?

The measure of a government's integrity is not whether they adhere to "Rule of Law" most of the time, but whether they still adhere to Rule of Law when it becomes inconvenient for their Power Elites to do so.

Zersetzen torture is not as uncommon as one thinks. On pages 7 to 8 is a brief description of other victims of Zersetzen - a Company CEO, an award winning journalist, diplomats, and police officers. That Canada's CSIS and the UK's MI5/6 security / intelligence agencies can persecute a decent family for elements in the Power Elites, and scare governments into a cover-up conspiracy is symptomatic of a crisis in democracy.

If some want to dispute any of the well-witnessed facts in my own case then there is only one honest way to do it - charge me and bring me before a jury of my peers. That people could do such evil, and continue with this evil is, I think, indicative of the overall moral shallowness or cowardice of some of our politicians.

But it all begs the question – where else are power elites pulling our government's chain? Human Rights and Civil Liberties seem unimportant.

"It is necessary only for the good man to do nothing for evil to triumph"

  Edmund Burke (1729-97)

“Eternal vigilance is the price of democracy”

  Thomas Jefferson

Nobody should be above the law. That our Politicians are scared to enforce Rule of Law is symptomatic of a crisis in our democracy.

Roderick Russell

(Aug 4, 2013)

(About Roderick Russell – qualified as a Chartered Accountant in 1974 and has served as Chief Financial Officer of a well-known Resort and Hotel Company, and as Group Controller of a top 10 North American Commercial Property Investment and Development Company based in Vancouver. Married with three children, he is a Canadian & British Citizen)